

**Sortable Chart  
(2 tabs - Data and  
Notes)**

**CAT FOOD - NUTRITIONAL COMPOSITION**  
Data compiled by Lisa A. Pierson, DVM  
Typical nutrient analysis data provided by the respective companies  
Wet only - [no dry food](#) is listed  
2017

**Print**

The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.

**Caloric Distribution**

**PROTEIN %**

**FAT %**

**CARB %**

**mg  
PHOSPHORUS/  
100 kcals**

**CALORIES per  
5.5 oz unless  
otherwise  
noted**

**Request for Donations**

Welcome to the updated Food Chart! Over the past five years, this chart has helped countless cat caregivers navigate the wide array of cat food choices but now I am asking folks to **'pay it forward' to help homeless cats & kittens** that are less fortunate than the ones with a roof over their head and someone to love and care for them. As a veterinarian heavily focused on rescue work, I have witnessed significant suffering of these animals and I want to do all that I can to help them whenever possible.

The information on this chart and on my website at [catinfo.org](http://catinfo.org) continues to benefit many felines but I would love to see the lives of **homeless cats & kittens** improve also.

If you find this chart to be of help to you and your four-legged family members, please consider a donation to **TLC Cat & Kitten Rescue** which is a rescue organization that I donate my time to. We focus on helping cats and kittens by 1) **spay/neutering** to prevent further suffering, 2) **providing food**, and 3) providing **medical attention for the sick and injured**.

This chart took a tremendous amount of time to compile and I can't think of a better way to be compensated for my time than to have my efforts result in getting more help for homeless cats and kittens. They will appreciate any donation, no matter how small!

**No Dry Food on this Chart**

There is **no dry kibble** included here. See the [Urinary Tract Diseases](#) and [Diabetes](#) webpages at [catinfo.org](http://catinfo.org) for specific reasons why dry food is not recommended for cats. The main reasons are:

1) Water-depleted diets do not promote urinary tract health and they **significantly increase your cat's risk for very painful and potentially fatal urethral obstructions**, as well as other urinary tract problems. Please see [Opie's pictures](#) for a good look at the tremendous amount of suffering that dry food often causes. Cats have a low thirst drive and consume ~50% more water when on a wet diet versus a dry diet. This is considering all water sources: food + water bowl

2) Dry kibble is typically **higher in carbohydrates** than wet food. Carbohydrates negatively impact the blood sugar level of many cats and diets that are high in carbs are not species-appropriate. The insulin needs of diabetic cats nearly always decrease significantly when their dietary carbohydrate load is decreased. A serious hypoglycemic state can occur in diabetic patients receiving insulin when this is not recognized. Please note that even some canned foods (e.g., Hill's Rx diets and their retail "Science" diets) are species-inappropriately high in carbohydrates.

3) Cats are **obligate carnivores** and are designed to get their protein from **animal** sources, not plants (grains and vegetables - including potatoes).

If your cat is addicted to dry food see [Tips for Transitioning Dry Food Addicts to Canned Food](#).

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PROTEIN %	FAT %	CARB %	mg PHOSPHORUS/ 100 kcals	CALORIES per 5.5 oz unless otherwise noted

**Compiling the Chart**

The data used to calculate the values on this chart are from **Typical Nutrient Analysis (TNA)** data - *not* the **Guaranteed Analysis (GA)** data which is listed on the product's package (can/pouch/bag). GA values are reported as **minimums** and **maximums** and are, by definition, inaccurate since there is no ceiling or floor, respectively.

Also note that **phosphorus** values are not listed on the package and this value is important for cats with kidney disease. (The lower the phosphorus level, the better.)

The listing of **fat** as a "minimum" instead of a "maximum" is especially problematic because fat is cheap and protein is expensive. Allowing pet food companies to list fat as a minimum instead of a maximum **gives pet food companies free rein to produce high fat (and, therefore, low protein) diets** which serves to enhance their bottom line but, on a good note, also provides a more affordable price point for the consumer.

When **animal by-products** are used as a source of protein, the consumer often gets more bang for their buck and the cat is fed a more species-appropriate composition - i.e., higher protein/lower fat diets at a lower price. Please see the comments at [catinfo.org](http://catinfo.org) regarding [by-products](#). The 'anti-by-product' movement has been taken to an extreme.

**Data accuracy:** Even though TNA data are more precise than GA data, the values on this chart should be taken as **very loose approximations**. All foods vary in their nutrient composition and, therefore, commercial food formulations will vary from batch-to-batch.

The bottom line is - this chart is the best that we can do but it is important to understand that **these values are not 'etched in stone'** and will also **change if a company alters its formula**. If you are concerned with having the most current data on the food that you feed to your cat, you will need to call the company periodically to see if the formulation has changed.

If you get frustrated with commercial cat food options and you desire more control over ingredient quality, source, composition, and phosphorus content of your cat's food, see [Making Cat Food](#). (Composition = caloric distribution of protein/fat/carbohydrate.)

**Using the Chart**

Cats are obligate carnivores and are metabolically designed to consume diets with the following general composition:

- 1) animal (not plant)-based **protein** (>50% calories)
- 2) moderate **fat** (~20-40% calories)
- 3) very low **carbohydrate** (1-2% calories)

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4) **water-rich** (~70%)

Keep this in mind when choosing food for cats but also understand that pet food ingredients are profit margin-driven. Protein is expensive. Fat and carbohydrate sources are cheap. This fact often results in the production of **high fat/high carb/low protein** diets as you will notice below. High-fat meat trimmings from the human market, not lean muscle meat, are what make their way into the pet food chain, and grains are less expensive than meat.

“95% Chicken” does not mean 95% chicken **meat**. A “95% Chicken” diet can be extremely high in fat and low in protein because “Chicken” can be mostly fat.

On a good note, in general, **most cats handle high fat diets better than they do high carbohydrate diets**. They are designed to eat protein and fat, not carbohydrates. Therefore, cats often do quite well on the relatively low protein/relatively high fat commercial diets. (“Relative” to what they would consume in the wild.)

**Grain-Free:** Please be aware that this marketing phrase is often used to influence pet owners to think that a diet carrying this distinction is automatically a healthy diet for their cat. Unfortunately, pet food companies often just replace grains with carbohydrate-laden peas and potatoes resulting in a diet that is **not** low-carbohydrate. Please replace the phrase “grain-free” with “**low-carb**” in your vocabulary when shopping for cat food. Some “grain-free” products *are* low in carbs but many are not so shop wisely.

**Carbohydrates:** Choosing diets with 10% or less carb calories is a good goal but, unless the cat is diabetic, sticking with less than 15% is also reasonable.

“**Gravy**” foods are often high in carbohydrates due to the starch thickeners (e.g., rice flour) that are sometimes used to make the gravy. Some ‘gravy’ is made with gums (e.g., guar or xanthum) and those substances are soluble fibers (which *may* actually promote intestinal health) and do not contribute to the carbohydrate fraction in the same way as starches do. In short, **I would rather see guar or xanthum gum thickeners than starch (‘flour’) thickeners in gravy foods.**

**Liver:** I like to see “liver” on the label; it is a very good source of vitamin A and D, as well as copper and zinc. I would much rather see vitamins coming from **whole foods** rather than out of a laboratory. When vitamins are listed on the label separately, those are not coming from whole foods but are manufactured in a laboratory. If you feed a product without liver, please incorporate one with liver a few times each week.

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<b>Print</b>	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>	<b>mg PHOSPHORUS/ 100 kcals</b>	<b>CALORIES per 5.5 oz unless otherwise noted</b>
The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<p>Users of the old chart will notice that <b>dry matter</b> values (the <i>weight</i> of a nutrient) have been removed in order to streamline the chart and to make it look less overwhelming. The other reason is because, nutritionally-speaking, looking at the <b>composition</b> (the distribution of protein, fat, and carbohydrate) of food is best done on a <b>calorie (energy)</b> basis not a 'weight' basis.</p> <p>Except as otherwise noted, the products listed are considered to be <b>complete diets</b>, rather than for supplemental or intermittent feeding only. That said, double check the label of any diet that you are feeding (if used as a sole diet) to make sure that it does not use the words "supplemental" or "for intermittent feeding" since these products are <b>not balanced for use as the only diet</b> that is fed.</p> <p><b>Applaws, Evangers, and Wysong</b> are examples of companies that manufacture diets that are for supplemental use only. In general, "supplemental" diets do not contain enough nutrients such as calcium, B vitamins, iodine, etc. These unbalanced diets should not make up more than 15-20% of the cat's total caloric intake. Stated another way, if you feed your cat 21 meals per week, you could use these supplemental diets for ~4 meals per week as stand-alone meals or mixed with a nutritionally balanced product.</p> <p>Inclusion of a product in this chart does not imply any endorsement. The chart is simply a compilation of data for many commercial options.</p> <p>If a cell is blank, that means the information was not provided.</p> <p>If you are interested in obtaining TNA data on a product not found on this chart, you will need to call the company. See <a href="#">Commercial Canned Cat Food</a> for some help with the dialog to use. If you obtain some usable data, you can send it to me via my <a href="#">Contact</a> form at <a href="#">catinfo.org</a> and I will add it to the list when I find the time.</p> <p>Please visit <a href="#">catinfo.org</a>, as well as the bottom section of this chart, for more information regarding feline nutrition, reading pet food labels, and other health care topics. You will also find the List of Shame which lists companies who would not provide TNA data for their products.</p>				
<b>COMPANY</b> <b>Flavor/Style</b>					
<b>AGAINST the GRAIN</b>					calories per 2.8 oz
<b>Chicken &amp; Pumpkin Samba</b>	57	22	21	471	68
<b>Caribbean Club w/Chicken &amp; Cheese</b>	77	23	0	402	74
<b>Big Kahuna w/Crab &amp; Tilapia</b>	73	25	2	330	67

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<b>Aloha Tuna w/Seaweed &amp; Crab</b>	65	35	0	295	67
<b>Bimini Brunch w/Krill &amp; Egg</b>	72	28	0	318	70
<b>Shrimp Daddy w/Tuna &amp; Salmon</b>	68	31	1	280	70
<b>Captain's Catch w/Sardine &amp; Mackerel</b>	62	35	2	553	60
<b>APPLAWS</b>	This company does not make any balanced diets for full-time use. The Cans, Layers, Pots, and Pouches are intended to be fed only as a supplement to a balanced diet. "Supplemental" diets do not contain enough calcium, etc. These unbalanced diets should not make up more than 15-20% of the cat's total caloric intake. Stated another way, if you feed your cat 21 meals per week, you could use these products for ~4 meals per week as stand-alone meals or mixed with a nutritionally balanced product.				
<b>ARTEMIS</b>					calories per can
<b>Tuna in Gravy in Gravy</b>	66	28	7	296	65
<b>Tuna &amp; Chicken in Gravy</b>	65	28	7	300	65
<b>Tuna &amp; Salmon in Gravy</b>	63	30	7	297	66
<b>Tuna &amp; Shrimp in Gravy</b>	67	27	6	299	65
<b>Tuna &amp; Pumpkin in Gravy</b>	65	27	7	298	64
<b>AUTHORITY</b>	Petsmart brand. <b>Purchase is not recommended.</b> See note below - 'List of Shame.'				
<b>AVODERM</b>					
<b>Chicken Chunks Entree in Gravy</b>	48	35	17	211	66/3 oz
<b>Tuna &amp; Chicken Entree in Gravy</b>	52	35	13	214	81/3 oz
<b>Chicken &amp; Duck Entree in Gravy</b>	38	50	12	235	82/3 oz
<b>Tuna &amp; Crab Meat Entree in Gravy</b>	60	32	8	287	70/3 oz
<b>Sardine, Shrimp, Crab Entree in Gravy</b>	63	31	6	297	68/3 oz

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<b>Salmon &amp; Chicken Entree in Gravy</b>	41	47	12	247	75/3 oz
<b>Tuna w/Prawns in Consomme</b>	65	31	5	277	71/3 oz
<b>Salmon in Salmon Consomme</b>	49	39	12	379	82/3 oz
<b>Chopped Sardines in Consomme</b>	56	35	9	348	68/3 oz
<b>Chicken Formula</b>	31	60	9	200	191
<b>Ocean Fish Formula</b>	34	58	8	274	171
<b>Salmon Formula</b>	35	56	10	244	198
<b>Indoor Weight Control</b>	33	46	20	249	151
<b>AVODERM pouches</b>					calories per pouch
<b>Tuna in Gravy</b>	66	24	10	339	53
<b>Ocean Fish in Gravy</b>	59	29	12	316	53
<b>Salmon in Gravy</b>	54	33	13	462	53
<b>Chicken &amp; Duck in Gravy</b>	45	40	14	325	57
<b>B.F.F. (Weruva) cans</b>					calories per 3 oz/ 5.5 oz
<b>Tuna &amp; Bonito Be Mine</b>	68	30	2	240	64/117
<b>Tuna Too Cool</b>	69	29	2	248	62/113
<b>Tuna &amp; Shrimp Sweethearts</b>	64	33	2	236	65/119
<b>Tuna &amp; Pumpkin Valentine</b>	64	31	5	243	63/115
<b>Tuna &amp; Salmon Soulmates</b>	66	32	2	236	65/119
<b>Tuna &amp; Tilapia Twosome</b>	68	30	2	240	64/117
<b>Tuna &amp; Chicken 4-EVA</b>	69	29	2	234	65/120
<b>Tuna &amp; Chicken Chuckles</b>	69	29	2	237	65/119
<b>B.F.F. (Weruva) pouches</b>					Calories per pouch

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<b>Tuna &amp; Chicken Charm Me</b>	59	32	9	195	61
<b>Tuna &amp; Turkey Tickles</b>	54	32	14	195	65
<b>Tuna &amp; Duck Devour Me</b>	54	34	13	177	62
<b>Tuna &amp; Salmon Sweet Cheeks</b>	63	24	13	253	54
<b>Tuna &amp; Lamb Luv Ya</b>	55	30	15	207	66
<b>Tuna &amp; Beef Babycakes</b>	56	29	15	199	60
<b>BEYOND - GRAVY Grain Free</b>					calories per 3 oz
<b>Turkey, Sweet Potato &amp; Spinach</b>	45	50	5	376	75
<b>Chicken, Beef &amp; Carrot</b>	46	47	7	305	73
<b>Salmon &amp; Sweet Potato</b>	49	42	9	344	76
<b>Tuna Mackerel &amp; Carrot</b>	48	38	13	376	71
<b>BEYOND - PATE Grain Free</b>					calories per 3 oz
<b>Chicken &amp; Sweet Potato</b>	35	63	3	369	99
<b>Wild Salmon</b>	36	63	2	369	100
<b>Trout &amp; Catfish</b>	38	61	1	372	99
<b>Artic Char &amp; Spinach</b>	33	65	2	228	100
<b>Duck &amp; Sweet Potato</b>	35	63	2	375	100
<b>Quail &amp; Carrot</b>	42	55	3	413	92
<b>Pheasant &amp; Sweet Potato</b>					99
<b>Ocean Whitefish &amp; Spinach</b>					86
<b>BEYOND - GRAVY With Grains</b>					calories per 3 oz
<b>Chicken, Wild Rice &amp; Spinach in Gravy</b>	43	42	15	328	76
<b>Chicken &amp; Brown Rice Pate</b>	36	61	3	388	97

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<b>Tuna, Herring &amp; Sweet Potato in Gravy</b>	49	36	14	377	70
<b>Salmon &amp; Brown Rice Pate</b>	35	63	2	362	101
<b>BLUE Healthy Gourmet</b>					calories per 3 oz
<b>Kitten Chicken</b>	30	65	5	341	122
<b>Flaked Chicken</b>					chicken = 93 fish/shrimp = 80 tuna = 78
<b>Flaked Fish &amp; Shrimp</b>	44	43	13	451	
<b>Flaked Tuna</b>					
<b>Grilled Chicken</b>					chicken = 84 salmon = 76
<b>Grilled Salmon</b>	40	49	11	455	
<b>Pate Turkey &amp; Chicken</b>					T & C = 113 beef = 110 indoor chicken/salmon = 108 ocean fish = 77
<b>Pate Beef</b>					
<b>Pate Indoor Chicken</b>	34	58	8	385	
<b>Pate Indoor Salmon</b>					
<b>Pate Ocean Fish &amp; Tuna</b>					
<b>Indoor Mature Pate Chicken</b>	31	57	11	395	92
<b>Meaty Morsels Chicken</b>					chicken = 83 tuna = 71
<b>Meaty Morsels Tuna</b>	46	42	13	426	
<b>BLUE Freedom</b>					calories per 3 oz
<b>Indoor Kitten</b>	30	64	6	373	116
<b>Indoor Chicken</b>	35	58	7	398	85
<b>Indoor Chicken Flaked in Gravy</b>	37	51	12	445	84
<b>Indoor Fish</b>	35	58	7	398	85
<b>Indoor Flaked Fish in Gravy</b>	37	51	12	445	84
<b>Indoor Mature Chicken</b>	33	59	8	411	91

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<b>BLUE Basics</b>					calories per 3 oz
<b>Indoor Kitten Turkey &amp; Potato</b>	32	60	9	390	109
<b>Indoor Turkey &amp; Potato</b>	30	53	17	511	75
<b>Indoor Duck &amp; Potato</b>	30	53	17	511	75
<b>Indoor Fish &amp; Potato</b>	30	53	17	511	75
<b>Indoor Mature Turkey &amp; Potato</b>	29	52	19	402	93
<b>BLUE Wilderness</b>					calories per 3 oz
<b>Kitten Chicken</b>					
<b>Kitten Salmon</b>	29	67	4	486	chicken = 126 salmon = 113
<b>Chicken</b>					
<b>Turkey</b>					
<b>Duck</b>	28	69	3	291	chicken = 132 turkey = 126 duck = 128 salmon = 110
<b>Salmon</b>					
<b>Mature Chicken</b>	29	60	11	424	96
<b>BLUE Wilderness Wild Delights</b>					calories per 3 oz
<b>Kitten Flaked Chicken &amp; Trout</b>	37	53	10	410	90
<b>Chicken &amp; Turkey in Gravy</b>					
<b>Chicken &amp; Trout in Gravy</b>					
<b>Chicken &amp; Salmon in Gravy</b>	37	54	10	418	chicken/turkey=79 chicken/trout = 75 chick/salmon=81 flaked c/turk = 93 flaked c/trout = 90
<b>Flaked Chicken &amp; Turkey</b>					
<b>Flaked Chicken &amp; Trout</b>					
<b>Minced Chicken &amp; Turkey</b>	37	54	10	418	157/5 oz
<b>Minced Chicken &amp; Trout</b>	37	54	10	418	151/5 oz

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<b>BLUE Wilderness Rocky Mountain Recipe</b>						calories per 3 oz
Red Meat	33	64	4	360	97	
Trout						
Flaked Red Meat	37	51	12	434	83	
Flaked Trout	37	51	12	434	83	
<b>CANIDAE PURE - Grain Free</b>						
Chicken, Turkey, Lamb	29	66	5	239	199	
Salmon & Mackerel	38	62	0	247	179	
Turkey & Rabbit Slices	36	57	7	283	85/3 oz	
Duck & Duck Liver Slices	38	51	11	337	76/3 oz	
Salmon Slices	32	64	4	223	87/3 oz	
Chicken Pate	28	68	4	224	110/3 oz	
<b>CANIDAE Life Stages</b>						
Chicken, Lamb & Fish	30	57	13	226	188	
Chicken & Rice	27	64	9	227	188	
Indoor Chicken, Lamb & Fish	30	63	7	280	172	
Chicken	27	64	9	227	106/3 oz	
Turkey	36	53	11	285	81/3 oz	
Lamb	35	59	7	233	84/3 oz	
Ocean Fish	35	53	12	279	78/3 oz	
Yellowfin Tuna	38	52	10	223	76/3 oz	
Salmon	35	59	6	254	81/3 oz	
<b>CANIDAE Under the Sun - Grain Free</b>						calries per 3 oz
Chicken	28	69	4	262	106	

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<b>Turkey</b>	29	67	4	368	83
<b>Duck</b>	28	70	3	242	75
<b>Salmon</b>	37	63	1	243	95
<b>Seafood</b>	37	58	5	369	77
<b>Trout</b>	29	68	3	314	79
<b>CANIDAE</b> <b>Under the Sun - Witty Kitty</b>					calries per 3 oz
<b>Wingin' it Chicken &amp; Turkey</b>	39	51	10	315	75
<b>Ruffle my Feathers Turkey &amp; Turkey Liver</b>	45	46	8	314	89
<b>Big Catch Tuna &amp; Sardine</b>	50	42	8	358	80
<b>CHICKEN SOUP FOR the SOUL</b>					
<b>Adult Formula</b>	31	62	7	218	194
<b>Beef Stew with Red Potatoes &amp; Carrots</b>	36	59	5	470	84/3 oz
<b>Chicken Soufflé with Sweet Potatoes &amp; Spinach</b>	32	66	2	441	111/3 oz
<b>Chicken &amp; Duck</b>	37	62	1	387	190
<b>Kitten</b>	36	58	6	298	208
<b>Weight &amp; Mature Care</b>	41	51	8	245	146
<b>Salmon Soufflé with Red Potatoes &amp; Spinach</b>	36	62	2	419	93/3 oz
<b>Salmon Limited Ingredient</b>	46	52	2	481	167
<b>Beef Stew with Red Potatoes &amp; Carrots</b>	42	52	6	285	84/3 oz
<b>Chicken Stew with Sweet Potatoes &amp; Spinach</b>	40	54	6	294	86/3 oz
<b>Salmon Stew with Red Potatoes &amp; Spinach</b>	41	50	9	339	84/3 oz
<b>DAVE's</b> <b>Naturally Healthy Grain Free</b>					

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>		
<b>Chicken</b>	33	64	3	286	186
<b>Turkey</b>	33	64	3	288	183
<b>Turkey &amp; Giblets</b>	29	68	4	216	195
<b>Beef &amp; Chicken Dinner</b>	29	68	4	182	195
<b>Chicken &amp; Whitefish</b>	28	69	4	209	197
<b>DAVE's Restricted Diet</b>	Please note that Dave's <i>Chicken in Sauce - low protein &amp; and low phosphorus</i> product mimics Hill's k/d renal diet which is one that I would never feed to any cat in my care - including patients with kidney disease. It was a very sad day when protein became the enemy of the feline kidney. Please do not feed diets that are this low in protein.				
<b>Original Formula - Pork - low phosphorus &amp; magnesium</b>					
<b>Pork - low phosphorus &amp; magnesium</b>	33	58	9	154	184
<b>Chicken in Sauce - low protein &amp; low phosphorus</b>	25	56	19	95	169
<b>DR. TIM'S</b>					
<b>Chicken &amp; Vegetable</b>	33	52	16	300	171
<b>Salmon &amp; Vegetable</b>	29	58	13	381	171
<b>DRS. FOSTER &amp; SMITH Country Classics</b>					
<b>Chicken Stew w/Sweet Potatoes</b>	36	45	19	330	151
<b>Trout &amp; Brown Rice</b>	30	59	11	242	190
<b>Savory Salmon/Shrimp &amp; Brown Rice</b>	31	56	12	220	178
<b>DRS. FOSTER &amp; SMITH Adult</b>					
<b>Chicken</b>	29	64	8	204	208
<b>Turkey</b>	34	57	10	250	179
<b>Chicken &amp; Fish</b>	36	45	19	254	201

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					calories per 3 oz/ 5.5 oz
<b>EARTH BORN</b>					
Chicken Catcciatori	54	27	20	240	70/129
Monterey Medley	66	23	10	275	66/121
Catalina Catch	70	29	1	291	41/75
Harbor Harvest	57	28	15	281	70/128
Chicken Jumble with Liver	38	39	23	236	147/5.5 oz
Chicken Fricatssee	45	30	25	232	125/5.5 oz
Ranch House Stew	36	46	18	331	138/5.5 oz
<b>EVO</b>					
Turkey in Gravy	29	69	2	300	208
Duck in Gravy	28	68	3	306	204
<b>EVOLVE</b>					
Chicken	35	63	2	318	189
Turkey	33	65	2	289	189
Seafood	29	66	5	317	191
Kitten	35	60	4	292	192
<b>FANCY FEAST Classic</b>					
Chicken Feast	40	57	3	430	91
Tender Liver & Chicken Feast	43	55	2	478	89
Turkey and Giblets Feast	39	58	2	355	96
Chopped Grill Feast	41	56	3	498	91
Tender Beef Feast	42	55	3	408	90
Tender Beef & Liver Feast	38	60	2	380	95
Tender Beef & Chicken Feast	38	59	3	415	95
Seafood Feast	46	52	2	478	86

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<b>Ocean Whitefish &amp; Tuna Feast</b>	48	51	0	481	82
<b>Salmon &amp; Shrimp Feast</b>	43	56	1	456	87
<b>Savory Salmon Feast</b>	27	72	1	267	90
<b>Cod, Sole &amp; Shrimp Feast</b>	48	50	1	474	84
<b>FANCY FEAST</b> <b>Roasted/Flaked/Chunky</b>					
<b>Roasted Chicken Feast</b>	54	40	6	284	80
<b>Roasted Turkey Feast</b>	56	38	6	265	81
<b>Flaked Chicken &amp; Tuna Feast</b>	52	44	5	325	102
<b>Flaked Tuna Feast</b>	52	43	5	291	103
<b>Flaked Tuna &amp; Mackerel Feast</b>	57	37	6	324	97
<b>Flaked Salmon &amp; Ocean Whitefish Feast</b>	49	47	4	317	104
<b>Flaked Trout Feast</b>	48	48	4	285	107
<b>Chunky Chopped Grill Feast</b>	42	53	4	466	91
<b>Chunky Chicken Feast</b>	47	50	4	453	88
<b>Chunky Turkey Feast</b>	46	49	5	477	87
<b>FANCY FEAST</b> <b>Grilled in Gravy</b>					
<b>Grilled Liver &amp; Chicken Feast in Gravy</b>	55	32	13	309	71
<b>Grilled Turkey Feast in Gravy</b>	56	31	13	271	71
<b>Grilled Chicken Feast in Gravy</b>	55	32	12	282	72
<b>Grilled Turkey &amp; Giblets in Gravy</b>	56	31	13	266	72
<b>Grilled Chicken &amp; Beef in Gravy</b>	47	38	15	291	71
<b>Grilled Beef in Gravy</b>	55	32	12	289	72
<b>Grilled Tender Beef &amp; Liver in Gravy</b>	54	31	15	272	72

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Grilled Ocean Whitefish &amp; Tuna in Gravy</b>	58	30	13	302	70
<b>Grilled Salmon in Gravy</b>	56	31	13	266	71
<b>Grilled Seafood in Gravy</b>	56	32	12	289	71
<b>Grilled Tuna in Gravy</b>	58	28	14	282	68
<b>Grilled Salmon &amp; Shrimp in Gravy</b>	57	31	12	298	70
<b>FANCY FEAST Sliced in Gravy</b>					
<b>Sliced Chicken in Gravy</b>	50	38	12	270	81
<b>Sliced Turkey in Gravy</b>	51	37	13	275	80
<b>Sliced Chicken Hearts &amp; Liver in Gravy</b>	49	39	12	257	84
<b>Sliced Beef in Gravy</b>	48	38	14	265	81
<b>FANCY FEAST Marinated Morsels in Gravy</b>					
<b>Marinated Morsels Turkey Feast in Gravy</b>	54	34	12	302	81
<b>Marinated Morsels Beef Feast in Gravy</b>	55	33	12	280	82
<b>Marinated Morsels Tuna Feast in Gravy</b>	62	25	13	303	75
<b>Marinated Morsels Salmon Feast in Gravy</b>	59	29	12	307	82
<b>Marinated Morsels Chicken Feast in Gravy</b>	55	33	13	298	81
<b>FANCY FEAST Gravy Lovers</b>					
<b>Gravy Lovers Gourmet Beef Feast in Gravy</b>	47	33	20	250	67
<b>Gravy Lovers Gourmet Chicken Feast in Gravy</b>	48	38	15	251	68
<b>Gravy Lovers Ocean Whitefish &amp; Tuna Feast Gravy</b>	52	32	16	283	65

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<b>Gravy Lovers Salmon Feast in Gravy</b>	52	33	15	264	66
<b>Gravy Lovers Turkey Feast in Gravy</b>	49	36	15	258	68
<b>Gravy Lovers Chicken &amp; Beef Feast in Gravy</b>	47	38	15	254	68
<b>Gravy Lovers Chicken Hearts &amp; Liver Feast in Gravy</b>	48	38	15	229	68
<b>Gravy Lovers Salmon &amp; Sole Feast in Gravy</b>	52	33	15	264	65
<b>FANCY FEAST Natural</b>					
<b>Natural White Meat Chicken &amp; Flaked Tuna in Broth</b>	77	23	0	343	41
<b>Natural Flaked Skipjack Tuna in Broth</b>	75	25	0	340	42
<b>Natural Seabass &amp; Shrimp in Broth</b>	75	25	0	333	45
<b>Natural Tender Tongol Tuna in Broth</b>	74	26	0	322	45
<b>Natural White Meat Chicken in Broth</b>	75	25	0	315	45
<b>Natural White Meat Chicken &amp; Beef in Broth</b>	73	27	0	327	45
<b>Natural Wild Alaskan Salmon &amp; White Meat in Broth</b>	68	32	0	333	47
<b>FANCY FEAST Medleys Florentine</b>					
<b>White Meat Chicken Florentine Pate</b>	39	57	4	398	91
<b>Ocean Whitefish and Tuna Florentine Pate</b>	46	49	5	462	85
<b>White Meat Chicken Florentine in a Delicate Sauce</b>	56	31	13	402	71
<b>Turkey Florentine with Garden Greens</b>	55	30	15	292	73

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<b>Wild Salmon Florentine in a Delicate Sauce</b>	55	33	12	261	73
<b>Tuna Florentine in a Delicate Sauce</b>	60	26	14	394	70
<b>FANCY FEAST Medleys Tuscany</b>					
<b>White Meat Chicken Tuscany in a Savory Sauce</b>	51	29	20	346	64
<b>Tender Turkey Tuscany in a Savory Sauce</b>	52	28	20	277	66
<b>Tuna Tuscany in a Savory Sauce</b>	51	27	22	261	65
<b>Wild Salmon Tuscany in a Savory Sauce</b>	49	28	23	250	65
<b>FANCY FEAST Medleys Primavera</b>					
<b>White Meat Chicken Primavera Pate</b>	41	56	4	301	65
<b>Wild Salmon Primavera Pate</b>	42	54	4	419	89
<b>Tender Turkey Primavera in a Classic Sauce</b>	54	26	20	339	66
<b>White Meat Chicken Primavera in a Classic Sauce</b>	53	31	16	478	90
<b>Wild Salmon Primavera in a Classic Sauce</b>	53	31	16	264	66
<b>Tuna Primavera in a Classic Sauce</b>	54	28	18	257	65
<b>FANCY FEAST Medleys Shredded</b>					
<b>Shredded White Meat Chicken Fare</b>	57	32	11	351	84
<b>Shredded Turkey Fare</b>	54	30	16	282	86
<b>Shredded Wild Salmon Fare</b>	56	33	11	260	81
<b>Shredded Tuna Fare</b>	63	23	14	279	86

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<b>FANCY FEAST</b> <b>Medleys in Gravy or Broth</b>					
<b>Tuna &amp; Shrimp Recipe in Gravy</b>	52	30	18	285	66
<b>Turkey &amp; White Meat Chicken Recipe in Gravy</b>	55	32	12	287	74
<b>Whitefish &amp; Shrimp Recipe Gravy</b>	51	28	20	318	63
<b>White Meat Chicken &amp; Tuna Recipe Broth</b>	51	29	20	305	64
<b>FANCY FEAST</b> <b>Delights with Cheddar</b>	The relatively low phos value of 265 for the Turkey was obtained from Purina's Veterinary Product Guide. It was based on TNA dry matter basis. The other 3 phos values came from what appear to be GA values (not accurate) obtained from a phone call to Purina. I suspect that the phos values for the chicken, tuna, and whitefish are actually lower than shown below.				
<b>Grilled Turkey &amp; Cheddar Cheese in Gravy</b>	50	35	15	265	73
<b>Grilled Chicken &amp; Cheddar Cheese in Gravy</b>	54	26	20	368	72
<b>Grilled Tuna &amp; Cheddar Cheese in Gravy</b>	53	26	21	318	69
<b>Grilled Whitefish &amp; Cheddar Cheese in Gravy</b>	54	26	20	413	70
<b>FANCY FEAST</b> <b>Kitten</b>					
<b>Kitten Tender Ocean Whitefish Feast</b>	44	53	3	520	84
<b>Kitten Tender Turkey Feast</b>	39	57	3	395	92
	20				
<b>FIRST MATE</b>					
<b>Chicken</b>	43	38	19	342	140
<b>Turkey</b>	43	38	20	243	141
<b>Salmon</b>	54	33	14	281	122
<b>Tuna</b>	37	54	10	277	148

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<b>Chicken &amp; Tuna</b>	38	46	17	212	146
<b>Turkey &amp; Tuna</b>	38	46	17	212	146
<b>Salmon &amp; Tuna</b>	41	45	13	212	146
<b>4HEALTH</b>					
<b>Adult Chicken Formula</b>	31	62	7	288	177
<b>Indoor Chicken</b>	33	57	10	320	
<b>Chicken/Beef</b>	33	59	8	278	174
<b>Grain-Free Chicken/Whitefish</b>	30	70	0	287	97/179
<b>Grain-Free Turkey/Giblets</b>	29	70	1	274	105/193
<b>Turkey/Salmon</b>	31	62	7	273	173
<b>Sensitive Stomach</b>	37	53	10	433	
<b>Weight Management</b>	39	47	14	456	
<b>Grain-Free Shredded Chicken Cuts</b>	37	55	8	323	145
<b>Grain-Free Salmon in Gravy</b>	36	57	7	278	141
<b>FRESHPET</b> <b>Wet options (&gt;75% moisture)</b>					
<b>Select Chicken &amp; Beef Roll</b>	34	56	10	295	136/4 oz
<b>Vital Grain Free Chicken &amp; Beef Roll</b>	34	56	10	295	136/4 oz
<b>Select Grain Free Ocean White Fish w/Vegetables Cup</b>	37	55	8	292	110/container
<b>Select Grain Free Chicken &amp; Beef w/Vegetables Cup</b>	36	58	6	286	110/container
<b>Select Grain Free Chicken &amp; Pumpkin w/Vegetables Cup</b>	37	54	9	305	110/container
<b>Vital Grain Free Chicken &amp; Ocean Whitefish w/ Vegetables in Gravy Cup</b>	37	55	8	292	128/container
<b>Vital Grain Free Chicken &amp; Beef w/Vegetables in Gravy Cup</b>	36	58	6	286	110/container

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<b>Vital Grain Free Chicken &amp; Pumpkin w/Vegetables in Gravy Cup</b>	37	54	9	305	128/container
<b>FRESHPET Semi-Moist (~61% moisture)</b>					
<b>Roasted Chicken/Chicken Liver/Whitefish/Vegetables</b>	38	55	8	284	226/cup
<b>Roasted Chicken &amp; Beef/Vegetables/Whitefish</b>	37	59	4	281	226/cup
<b>Nature's Fresh Chicken, Ocean Whitefish w/Carrots &amp; Spinach</b>	36	55	8	286	218/cup
<b>Vital Chicken &amp; Ocean Whitefish w/carrots, eggs &amp; spinach</b>	38	55	8	284	231/cup
<b>Vital Grain Free Chicken &amp; Beef w/Carrots &amp; Spinach</b>	37	59	4	281	231/cup
<b>FRISKIES Classic Pates</b>					
<b>Turkey &amp; Giblets</b>	37	59	5	335	177
<b>Poultry Platter</b>	35	61	4	307	189
<b>Liver &amp; Chicken</b>	35	60	5	331	179
<b>Mixed Grill</b>	35	60	5	320	180
<b>Country Style</b>	37	58	5	355	179
<b>Chicken &amp; Tuna</b>					
<b>Supreme Supper</b>	36	59	5	371	173
<b>Mariner's Catch</b>	38	56	6	361	174
<b>Sea Captain's Choice</b>	40	54	6	414	165
<b>Salmon</b>	37	60	3	343	185
<b>Ocean Whitefish &amp; Tuna</b>	40	56	4	373	177
<b>Classic Seafood</b>	38	57	5	329	177
<b>FRISKIES Savory Shreds</b>					

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<b>Chicken &amp; Salmon Dinner in Gravy</b>	53	34	14	293	128
<b>Turkey &amp; Cheese Dinner in Gravy</b>	48	38	14	286	133
<b>With Beef in Gravy</b>	50	36	14	320	134
<b>With Chicken in Gravy</b>	51	36	13	305	133
<b>With Ocean Whitefish &amp; Tuna in Sauce</b>	53	34	13	260	133
<b>With Salmon in Sauce</b>	50	38	12	278	136
<b>With Turkey &amp; Giblets in Gravy</b>	49	38	13	306	135
<b>With Whitefish &amp; Sardines in Sauce</b>	49	33	18	389	135
<b>FRISKIES Prime Fillets</b>					
<b>Chicken &amp; Tuna Dinner in Gravy</b>	52	34	14	282	135
<b>Turkey Dinner in Gravy</b>	52	34	14	321	133
<b>With Beef in Gravy</b>	50	35	15	325	134
<b>With Chicken in Gravy</b>	52	34	14	274	134
<b>With Ocean Whitefish &amp; Tuna in Sauce</b>	55	31	14	310	129
<b>With Salmon &amp; Beef in Sauce</b>	50	35	15	275	134
<b>FRISKIES Tasty Treasures w/ Bacon</b>					
<b>Chicken Dinner in Gravy</b>	48	39	14	244	154
<b>Turkey Dinner in Gravy</b>	48	38	14	258	153
<b>Chicken &amp; Tuna Dinner in Gravy</b>	48	39	13	229	155
<b>Ocean Fish in Sauce</b>	49	37	14	238	152
<b>FRISKIES Tasty Treasures w/ Cheese</b>					

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<b>Beef &amp; Liver with Cheese Pate</b>	34	57	9	330	175
<b>Chicken &amp; Ocean Fish Dinner with Cheese Pate</b>	35	57	7	360	179
<b>Ocean Fish Dinner with Cheese Pate</b>	38	54	8	362	173
<b>Turkey &amp; Chicken Dinner with Cheese Pate</b>	35	58	8	341	177
<b>With Chicien &amp; Cheese in Gravy</b>	51	32	17	265	132
<b>With Chicken, Tuna &amp; Cheese in Gravy</b>	51	32	17	298	130
<b>With Ocean Fish, Tuna, &amp; Cheese in Sauce</b>	52	31	17	267	130
<b>With Turkey &amp; Cheese in Gravy</b>	50	33	17	290	132
<b>FRISKIES Meaty Bits</b>					
<b>Chicken Dinner in Gravy</b>	48	40	13	261	152
<b>Gourmet Grill in Gravy</b>	47	39	13	262	151
<b>With Beef in Gravy</b>	49	37	14	260	148
<b>FRISKIES SauceSations</b>					
<b>Chicken &amp; Turkey Dinner in Cheesy Sauce</b>	48	39	13	263	157
<b>Chicken Dinner in Garden Sauce</b>	47	40	13	259	158
<b>Turkey &amp; Giblets Dinner in Homestyle Sauce</b>	50	37	13	268	153
<b>With Beef in Creamy Sauce</b>	49	38	13	263	156
<b>With Beef in Garden Sauce</b>	48	38	14	260	156
<b>With Salmon &amp; Tuna in Creamy Sauce</b>	51	36	13	254	152

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>	<b>mg PHOSPHORUS/ 100 kcals</b>	<b>CALORIES per 5.5 oz unless otherwise noted</b>
<b>FRISKIES Indoor</b>					
<b>Chicken Dinner w/Garden Greens Pate</b>					
<b>Chunky Chicken &amp; Turkey Casserol w/Garden Greens in Gravy</b>	43	32	25	249	144
<b>Classic Pate Salmon Dinner w/Garden Greens</b>					
<b>Flaked Ocean Whitefish Dinner w/Garden Greens in Sauce</b>	46	27	27	290	135
<b>Homestyle Turkey Dinner w/ Garden Greens in Gravy</b>	43	32	25	187	145
<b>Saucy Seafood Bake w/ Garden Greens in Sauce</b>	44	31	25	262	141
<b>FRISKIES Cat Concoctions</b>					
<b>Scrumptious Salmon &amp; Chicken Liver Dinner Pate</b>	37	59	4	343	182
<b>With Chicken in Creamy Crabby Sauce</b>	48	40	12	253	158
<b>With Cod in Cheesy Bacon Flavored Sauce</b>	48	39	13	250	158
<b>With Lamb in Clam Flavored Sauce</b>	48	40	12	250	158
<b>FRISKIES Gravy Sensations</b>					
<b>With Beef &amp; Chicken in Gravy</b>	69	10	20	428	137
<b>With Chicken in Gravy</b>	52	34	14	266	140
<b>With Ocean Whitefish &amp; Tuna in Gravy</b>	53	33	14	334	135
<b>With Salmon in Gravy</b>	55	30	15	301	129
<b>With Tuna in Gravy</b>	53	33	14	268	136
<b>With Turkey &amp; Giblets in Gravy</b>	54	31	14	295	135

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>FRISKIES Flaked</b>					
<b>With Tuna</b>	51	45	4	301	172
<b>With Tuna &amp; Egg</b>	49	45	6	263	175
<b>FROMM Pates</b>					
<b>Chicken &amp; Duck</b>	33	66	1	251	169
<b>Turkey</b>	33	55	12	236	163
<b>Beef</b>	46	44	10	250	139
<b>Chicken &amp; Salmon</b>	31	67	3	292	167
<b>Chicken, Duck &amp; Salmon</b>	31	65	4	268	168
<b>Salmon &amp; Tuna</b>	35	63	3	293	166
<b>FUSSIE CAT Premium</b>					calories per can
<b>Tuna</b>	76	21	3	326	52
<b>Tuna with Anchovies</b>	74	25	0	318	49
<b>Tuna with Chicken</b>	75	25	0	307	49
<b>Tuna with Chicken Liver</b>	69	25	5	318	49
<b>Tuna with Clams</b>	72	27	1	303	49
<b>Tuna with Mussels</b>	72	27	1	300	49
<b>Tuna with Ocean Fish</b>	71	25	4	313	49
<b>Tuna with Prawns</b>	73	26	1	313	49
<b>Tuna with Salmon</b>	73	27	0	307	49
<b>Tuna with Shrimp</b>	74	26	1	309	49
<b>Tuna with Smoked Tuna</b>	75	22	4	290	52
<b>Tuna with Threadfin Bream</b>	71	21	8	295	52
<b>FUSSIE CAT Super Premium</b>					calories per can

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>		
<b>Chicken in Gravy</b>	63	20	17	191	48
<b>Chicken &amp; Beef In Pumpkin Soup</b>	68	28	4	282	48
<b>Chicken with Liver In Pumpkin Soup</b>	69	27	5	303	48
<b>Chicken with Duck</b>	57	28	15	188	48
<b>Chicken with Egg</b>	61	24	15	191	48
<b>Chicken with Sweet Potato</b>	47	18	35	173	48
<b>Chicken &amp; Vegetables</b>	63	18	19	185	48
<b>GO</b>					
<b>Grain Free Chicken, Turkey &amp; Duck Pate</b>	34	61	5	340	209
<b>Grain Free Duck Pate</b>	36	57	7	324	206
<b>Grain Free Chicken, Turkey &amp; Trout Stew</b>	35	47	18	348	142
<b>Turkey Pate</b>	35	57	8	274	188
<b>Chicken Stew</b>	35	47	18	371	142
<b>Grain Free Trout &amp; Salmon Pate</b>	31	65	4	344	213
<b>Salmon Pate</b>	40	50	10	350	165
<b>GOOD NATURED</b>	Petsmart brand. <b>Purchase is not recommended.</b> See note below - 'List of Shame.'				
<b>GRREAT CHOICE</b>	Petsmart brand. <b>Purchase is not recommended.</b> See note below - 'List of Shame.'				
<b>HALO Impulse - Grain Free</b>					
<b>Rabbit</b>	43	50	7	210	177
<b>Quail</b>	37	56	7	393	161
<b>Guinea Hen</b>					
<b>Chicken, Eggs</b>					

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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<b>HALO Spot's Stew - Grain Free</b>					
Chicken	32	55	13	201	131
Turkey	31	59	10	215	147
Lamb	34	53	12	245	133
Chicken & Beef	33	55	11	303	150
Chicken, Shrimp & Crab	36	52	12	234	144
Salmon	26	64	9	227	142
<b>HALO Spot's Pate - Grain Free</b>					
Chicken	34	62	4	291	190
Turkey & Duck	36	59	5	201	186
Salmon	33	66	1	319	209
Whitefish	45	53	2	257	176
Chicken & Beef					200
Seafood Medley					153
Turkey & Giblets					172
<b>HALO Spot's Choice - Grain Free</b>					
Turkey - Shredded	25	65	10	179	192
Chicken - Shredded	25	66	9	155	172
<b>HALO Vigor</b>					
Chicken & Trout	29	64	7	221	183
Turkey & Quail	32	58	9	329	184
Salmon & Venison	32	58	10	229	185
<b>HILL's Ideal Balance</b>					

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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<b>Slow-Cooked Chicken</b>	32-40	38-46	19-25	161-237	79-84/2.9 oz
<b>Roasted Turkey</b>					
<b>Venison &amp; Rice</b>					
<b>Braised Trout</b>					
<b>Baked Tuna</b>					
<b>Poached Salmon &amp; Rice</b>	37	33	30	214	73/2.9 oz
<b>Slim &amp; Healthy Chicken &amp; Tuna</b>					
<b>HILL's Ideal Balance - Grain Free</b>					
<b>Roasted Chicken</b>	25-28	49-52	20-26	125-163	92-96/2.9 oz
<b>Slow-Cooked Venison</b>					
<b>Poached Trout</b>					
<b>Gourmet Tuna</b>					
<b>Braised Salmon</b>					
<b>HI-TOR</b>					
<b>Felo</b>	37	59	4	237	170
<b>Neo</b>	26	69	4	198	170
<b>HOLISTIC SELECT</b>					
<b>Chicken</b>	32	66	2	221	201
<b>Turkey</b>	34	64	2	243	198
<b>Chicken Liver &amp; Lamb</b>	31	66	4	258	204
<b>Turkey &amp; Salmon</b>	34	61	5	277	190
<b>Chicken, Whitefish, Herring</b>	37	60	3	282	182
<b>Salmon &amp; Shrimp</b>	34	61	6	311	192
<b>Ocean Fish &amp; Tuna</b>	35	61	4	262	186
<b>HOUNDS &amp; GATOS</b>					

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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Chicken	30	70	1	237	202
Turkey	31	65	4	364	190
Gamebird	34	65	1	334	190
Duck	29	69	1	346	203
Rabbit	37	58	5	408	183
Lamb	38	61	1	246	187
Beef	31	61	8	246	195
Red Meat	31	56	12	245	184
Pork	39	61	0	228	187
Lamb, Chicken & Salmon	32	67	1	254	200
Trout	36	63	1	392	181
Salmon					
Oceanfish					
<b>IAMS Grain Free</b>					calories per 2.5 oz can
White Meat Chicken Breast	43	49	8	173	75
White Meat Chicken Breast & Beef	40	53	8	179	75
White Meat Chicken Breast & Tuna	39	51	10	179	74
Wild Mackerel & Whitefish Dinner Flaked in Sauce	39	48	13	218	65
Wild Oceanfish & Tuna Dinner Flaked in Sauce	38	50	12	203	61
Wild Tuna & Salmon Dinner Flaked in Sauce	40	49	11	230	60
<b>IAMS Proactive Health</b>					calories per 3 oz can
Filets with Chicken in Gravy	36	54	9	325	90
Filets with Tuna in Sauce	37	53	10	322	89
Filets with Salmon in Sauce	36	55	9	326	91

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Pate with Chicken &amp; Liver</b>	37	56	7	246	97
<b>Pate with Savory Salmon</b>	38	55	7	270	94
<b>Pate with Seafood Sampler</b>	38	55	7	279	94
<b>Premium Pate Gourmet Chicken</b>	37	56	7	246	97
<b>Premium Pate Lamb &amp; Rice</b>	35	53	12	238	103
<b>Premium Pate Select Ocean Fish</b>	38	55	7	272	93
<b>Premium Pate Tender Beef</b>	37	56	7	245	97
<b>Premium Pate Turkey &amp; Giblets</b>	37	55	7	250	95
<b>Premium Pate Kitten</b>	41	53	6	299	102
<b>IAMS Purrfect Delights</b>					calories per 3 oz can
<b>Chicken-dulgence</b>	32	55	12	211	100
<b>Winner, Winner with Chicken Dinner</b>	53	46	2	229	77
<b>Turkey-lation</b>	38	48	14	169	94
<b>Tuna-Topia Dinner</b>	48	34	19	194	85
<b>Tuna-Turkey Tango</b>	29	55	15	254	99
<b>Tempt Me Tuna &amp; Mackerel</b>	44	42	14	189	85
<b>Dive In Ocean Fish</b>	34	47	19	438	75
<b>Packed with Sardines</b>	45	41	14	179	85
<b>Cluckin' Good Chicken Dinner</b>	33	52	15	303	83
<b>Salmon-dipity</b>	31	58	11	302	115
<b>Sea You Soon Tuna</b>	37	48	15	360	86
<b>IAMS Purrfect Delicacies</b>					calories per 2.5 oz can
<b>Select Cuts with Roasted Chicken &amp; Beef</b>	37	47	16	190	71

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<b>Select Cuts with Roasted Chicken</b>	41	46	14	339	67
<b>Signature Flaked Tuna &amp; Salmon</b>	42	46	13	288	55
<b>Roasted Chicken &amp; Shrimp in Gravy</b>	31	51	17	348	71
<b>Roasted Beef &amp; Salmon in Gravy</b>	39	43	17	389	69
<b>Select cuts with Roasted Chicken &amp; Tuna</b>	40	47	14	200	67
<b>Featured Flaked Oceanfish &amp; Tuna</b>	43	38	19	251	64
<b>Slow-Cooked Turkey &amp; Liver in Gravy</b>	30	54	16	112	77
<b>Premier Flaked Mackerel &amp; Whitefish</b>	41	45	14	261	80
<b>KASIKS</b>					
<b>Chicken</b>	39	40	21	244	141
<b>Turkey</b>	37	45	17	235	146
<b>Salmon</b>	53	35	13	256	134
<b>KOHA Limited Ingredient - Pate</b>					
<b>Kangaroo</b>	39	52	9	406	178
<b>Chicken</b>	28	61	11	354	202
<b>Duck</b>	33	65	2	239	188
<b>Guineafowl</b>	29	68	4	221	204
<b>Turkey</b>	30	62	8	195	200
<b>Venison</b>	35	53	12	486	175
<b>KOHA Stews</b>					
<b>Venison Stew</b>	33	63	4	286	146

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Chicken Stew</b>	34	56	10	296	147
<b>Duck Stew</b>	36	51	12	647	139
<b>Guineafowl Stew</b>	28	60	12	197	154
<b>Kangaroo Stew</b>	39	40	22	408	132
<b>Turkey Stew</b>	34	53	13	259	147
<b>KOHA ROO</b>					
<b>Chicken / Kangaroo</b>	27	58	15	387	192
<b>Turkey / Kangaroo</b>	33	62	6	239	197
<b>Duck / Kangaroo</b>	30	58	11	467	186
<b>Lamb / Kangaroo</b>	28	63	9	271	192
<b>LOTUS Pates</b>					
<b>Chicken &amp; Vegetable</b>	37	42	21	195	171
<b>Turkey &amp; Vegetable</b>	30	49	21	150	171
<b>Duck &amp; Vegetable</b>	30	51	18	231	181
<b>Pork &amp; Vegetable</b>	30	52	18	231	194
<b>Salmon &amp; Vegetable</b>	34	43	22	252	171
<b>LOTUS Just Juicy</b>					
<b>Chicken</b>	59	29	12	231	151
<b>Turkey</b>	58	31	11	230	154
<b>Pork</b>	57	31	12	270	147
<b>Venison</b>	48	41	11	263	180
<b>Salmon &amp; Pollock</b>	39	48	13	287	197
<b>Pollock</b>	37	47	17	360	110
<b>MEOW MIX Classic Pate</b>					
					calories per 2.75 oz cup

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Mixed Grill w/Beef, Tuna &amp; Chicken</b>	51	42	7	402	74
<b>Chicken &amp; Liver</b>	49	45	6	440	74
<b>Tuna</b>	59	35	7	388	70
<b>Turkey &amp; Liver</b>	54	40	6	374	85
<b>MEOW MIX Tender Favorites in Sauce</b>					calories per 2.75 oz cup
<b>Salmon &amp; Crab</b>	68	29	3	298	57
<b>Turkey &amp; GIBLETS</b>	57	30	13	327	60
<b>Tuna &amp; Shrimp</b>	66	33	2	260	63
<b>Salmon &amp; Red Snapper</b>	48	33	19	404	58
<b>Chicken &amp; Beef</b>	55	35	10	255	60
<b>Poultry Entree</b>	53	33	15	415	55
<b>Salmon</b>	40	41	19	342	62
<b>Turkey &amp; Cheese</b>	43	30	27	289	59
<b>Tuna &amp; Egg</b>	46	37	17	250	62
<b>Chicken &amp; Liver</b>	53	31	16	366	59
<b>MEOW MIX Savory Morsels in Gravy</b>					calories per 2.75 oz cup
<b>Beef</b>	49	35	16	285	60
<b>Chicken &amp; Shrimp</b>	57	30	13	327	60
<b>Ocean Whitefish &amp; Tuna</b>	37	40	22	304	59
<b>Salmon &amp; Ocean Fish</b>	42	38	20	371	59
<b>Tuna &amp; Crab</b>	39	37	24	387	61
<b>Tuna &amp; Salmon</b>	35	40	24	286	66
<b>Seafood Entree</b>	47	33	21	320	59
<b>Chicken Breast</b>	47	33	20	458	55
<b>MEOW MIX Pate Toppers</b>					calories per 2.75 oz cup

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Chicken w/Shreds of Chicken</b>	53	38	9	339	71
<b>Whitefish w/Flakes of Salmon</b>	54	38	8	368	71
<b>Salmon w/Flakes of Tuna</b>	56	36	8	343	72
<b>Whitefish w/Flakes of Tuna</b>	56	36	8	361	70
<b>MERRICK Purrfect Bistro</b>					
<b>Turkey</b>	46	50	4	556	175
<b>Chicken</b>	34	64	2	431	185
<b>Duck</b>	31	64	5	380	156
<b>Beef</b>	43	52	5	389	168
<b>Tuna</b>	37	60	3	418	164
<b>Salmon</b>	36	62	2	423	175
<b>Chicken Casserole</b>	42	46	11	427	141
<b>Granny's Pot Pie</b>	30	64	6	252	170
<b>Cowboy Cookout</b>	45	37	18	327	155
<b>Thanksgiving Day Dinner</b>	30	64	6	252	170
<b>Turducken</b>	30	64	6	252	170
<b>Surf &amp; Turf</b>	41	54	5	701	155
<b>Beef Wellington</b>	47	45	9	303	138
<b>Chicken Divan</b>	42	45	13	393	139
<b>Tuna Nicoise</b>	47	41	12	533	141
<b>MERRICK Limited Ingredient</b>					
<b>Chicken</b>	30	65	4	388	131
<b>Turkey</b>	32	64	4	279	139
<b>Duck</b>	26	59	15	146	131
<b>Salmon</b>	28	68	4	220	131

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017					
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		<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>		
<b>MERRICK Backcountry</b>						
Chicken	40	49	12	259	79	
Turkey	39	50	11	212	84	
Duck	38	49	12	211	85	
Beef	40	48	11	238	80	
Rabbit	43	45	12	255	80	
Whitefish	42	44	14	255	77	
<b>NATURAL BALANCE Ultra Premium</b>						
Chicken & Liver Pate	31	64	6	329	180	
Turkey & Giblets	34	57	9	282	170	
Ocean Fish	42	50	8	306	180	
Salmon	34	56	10	341	195	
Tuna w/Shrimp	41	45	14	288	173	
<b>NATURAL BALANCE Delectable Delights</b>						
Catatouille	53	39	8	246	60	
Land n' Sea	49	41	10	342	75	
Life's a Beach	52	39	8	416	70	
O' Fishally Scampi	51	40	9	223	60	
Purrfect Paella	51	40	9	282	60	
Sea Brulee	49	40	10	237	70	
LID Chicken & Pumpkin cups	68	29	3	245	67	
LID Tuna & Pumpkin cups	67	32	1	275	64	
<b>NATURAL BALANCE Limited Ingredient</b>						
Chicken & Green Pea	34	56	10	319	165	
Duck & Green Pea	31	58	11	384	190	

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>	<b>mg PHOSPHORUS/ 100 kcals</b>	<b>CALORIES per 5.5 oz unless otherwise noted</b>
Salmon & Green Pea	37	51	12	323	230
Venison & Green Pea	35	53	12	387	180
<b>NATURAL BALANCE Indoor</b>					
Chicken	31	55	14	279	180
<b>NATURAL BALANCE Platefulls</b>					
Chicken & Giblets	34	50	17	302	70
Chicken & Legume	33	46	21	279	80
Chicken & Pumpken	33	51	16	263	80
Chicken & Salmon	34	49	17	316	70
Turkey, Chicken & Duck	34	48	19	385	70
Cod, Chicken, Sole & Shrimp	38	42	20	369	70
Salmon, Tuna & Crab	37	46	17	306	80
Tuna & Beef	37	48	15	287	80
<b>NATURAL BALANCE Indoor Platefulls</b>					
Chicken & Liver	34	46	20	286	70
Duck, Chicken & Pumpkin	35	49	16	297	80
Turkey & Duck	35	47	18	295	80
Turkey, Salmon & Chicken	35	48	17	344	70
Marckerel & Sardine	44	47	9	352	70
Salmon, Tuna, Chicken & Shrimp	37	44	19	302	70
<b>NATURAL BALANCE Ultra Whole Body Health</b>					
Kitten - Chicken	30	63	7	305	220
Chicken	28	64	8	284	238

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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<b>Venison</b>	33	58	9	502	205
<b>Calamari</b>	34	54	11	355	205
<b>Reduced Calorie Chicken, Salmon &amp; Duck</b>	28	63	8	255	100/3 oz
<b>NATURAL BALANCE Wild Pursuit</b>					calories per 3 oz
<b>Chicken</b>	30	57	13	230	123
<b>Turkey</b>	32	57	11	322	120
<b>Beef</b>	32	56	11	335	120
<b>Salmon</b>	30	59	11	363	125
<b>Trout</b>	32	56	13	297	120
<b>NATURAL PLANET</b>					calories per 5.0 oz
<b>Organic Chicken Dinner</b>	31	64	5	250	182
<b>Organic Turkey Dinner</b>	29	71	1	250	188
<b>NATURE'S LOGIC</b>					
<b>Chicken</b>	34	65	1	299	230
<b>Turkey</b>	33	63	3	295	219
<b>Rabbit</b>	42	55	4	317	212
<b>Beef</b>	33	63	4	117	225
<b>Duck &amp; Salmon</b>	30	68	3	189	230
<b>Sardine</b>	56	38	6	341	171
<b>NATURE'S RECIPE Grain Free in Broth</b>					calories per 2.75 oz
<b>Chicken</b>	60	34	6	194	68
<b>Chicken &amp; Salmon</b>	59	35	5	198	71
<b>Chicken &amp; Turkey</b>	58	40	2	190	70
<b>Indoor</b>	65	34	2	237	69

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/100 kcals</b>
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<b>NATURE'S RECIPE</b> <b>Culinary Favorites - Pate</b>					calories per 2.75 oz
<b>Chicken Recipe in Gravy</b>	35	53	11	185	84
<b>Chicken &amp; Tuna Recipe in Gravy</b>	33	56	12	154	96
<b>NATURE'S RECIPE</b> <b>Culinary Favorites - Slow Roasted</b>					calories per 2.75 oz
<b>White Meat Chicken &amp; Garden Vegetables</b>	36	52	12	253	79
<b>Beef &amp; Garden Vegetables</b>	32	51	17	346	97
<b>Turkey &amp; Garden Vegetables</b>	32	59	8	286	104
<b>NATURE'S RECIPE</b> <b>Culinary Favorites - Stew</b>					calories per 2.75 oz
<b>White Meat Chicken &amp; Garden Vegetables in Gravy</b>	37	49	15	362	67
<b>Seafood &amp; Garden Vegetables in Gravy</b>	38	43	19	322	63
<b>Beef &amp; Garden Vegetables in Gravy</b>	29	41	30	266	73
<b>NATURE'S RECIPE</b> <b>Culinary Favorites - Grilled</b>					calories per 2.75 oz
<b>White Meat Chicken &amp; Garden Vegetables</b>	49	45	6	272	60
<b>Salmon &amp; Garden Vegetables</b>	47	45	7	319	59
<b>Tuna &amp; Garden Vegetables</b>	54	39	7	236	60
<b>NATURE'S VARIETY</b> <b>Instinct Raw</b>					calories/1 oz Medallion
<b>Chicken</b>	40	58	3	388	49
<b>Rabbit</b>	40	58	3	317	51

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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<b>Chicken &amp; Tuna</b>	41	56	3	362	47
<b>NATURE'S VARIETY Raw Market</b>					calories/nugget
<b>Chicken Meal Nuggets</b>	31	64	5	238	46
<b>NATURE'S VARIETY Instinct - original</b>					
<b>Chicken</b>	36	57	7	292	205
<b>Beef</b>	42	51	6	257	232
<b>Lamb</b>	34	61	4	284	218
<b>Duck</b>	37	55	9	299	207
<b>Rabbit</b>	45	49	6	313	162
<b>Venison</b>	42	55	3	388	228
<b>Salmon</b>	45	46	9	359	185
	36	57	7	292	205
<b>NATURE'S VARIETY INSTINCT Limited Ingredient</b>					
<b>Lamb</b>	32	60	8	243	232
<b>Duck</b>	32	58	11	498	224
<b>Turkey</b>	34	59	7	276	212
<b>Rabbit</b>	41	45	13	293	178
<b>Ultimate Protein Chicken</b>	36	57	7	299	199
<b>NATURE'S VARIETY Pride</b>					
<b>Minced Chicken</b>	38	47	15	273	151
<b>Flaked Chicken</b>	41	49	10	265	163
<b>Minced Duck</b>	38	46	17	218	145
<b>Flaked Duck</b>	39	48	13	233	157
<b>Minced Lamb</b>	34	52	14	218	165

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Flaked Lamb</b>	35	54	11	206	182
<b>Minced Rabbit</b>	38	47	15	218	141
<b>Flaked Rabbit</b>	41	49	10	213	154
<b>Minced Salmon</b>	37	45	17	295	136
<b>Flaked Salmon</b>	40	48	12	306	145
<b>Minced Tuna</b>	44	40	17	236	130
<b>Flaked Tuna</b>	47	43	10	227	140
<b>NEWMAN'S OWN Organic - Grain Free</b>					
<b>Chicken</b>	28	70	2	229	203
<b>Chicken &amp; Liver</b>	30	67	3	260	211
<b>Turkey</b>	27	71	2	225	205
<b>Turkey &amp; Liver</b>	29	69	3	297	206
<b>NEWMAN'S OWN With Grains</b>					
<b>Chicken &amp; Brown Rice</b>	28	62	10	211	199
<b>Chicken &amp; Salmon</b>	28	64	9	221	205
<b>Turkey</b>	30	60	11	275	179
<b>Turkey &amp; Vegetable</b>	29	59	12	210	187
<b>Organic Beef</b>					
<b>Organic Beef &amp; Liver</b>					
<b>Organic Liver - Please do not feed this as a sole diet.</b>					
<b>9Lives Meaty Pate</b>					
<b>Liver &amp; Bacon</b>	33	61	6	303	170
<b>Liver &amp; Chicken</b>	35	59	6	296	168
<b>Ocean Whitefish</b>	43	54	3	400	159
<b>Ocean Whitefish &amp; Tuna</b>	41	54	5	415	157

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/100 kcals</b>
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<b>Salmon</b>	37	58	5	347	162
<b>Tuna &amp; Shrimp</b>	37	58	5	353	163
<b>Turkey &amp; Giblets</b>	41	55	4	395	157
<b>Mixed Grill</b>	38	56	5	290	167
<b>Super Supper</b>	33	62	5	324	168
<b>Seafood Platter</b>	34	62	4	339	170
<b>Chicken &amp; Tuna</b>	34	62	4	333	168
<b>Beef</b>	35	59	6	329	165
<b>Chicken</b>	36	62	3	383	163
<b>Chicken &amp; Seafood</b>	35	60	4	355	162
<b>9Lives Hearty Cuts in Gravy</b>					
<b>Beef &amp; Chicken</b>	40	33	27	416	112
<b>Chicken &amp; Fish</b>	37	39	24	420	121
<b>Veal</b>	44	34	22	401	112
<b>Beef</b>	40	35	25	388	117
<b>Chicken &amp; Salmon</b>	44	34	22	299	124
<b>Chicken</b>	40	34	26	389	117
<b>Turkey</b>	45	43	12	458	115
<b>Turkey &amp; Cheese</b>	43	38	19	308	131
<b>Ocean Whitefish &amp; Tuna</b>	42	33	25	306	123
<b>Turkey, Chicken &amp; Cheese</b>	41	39	20	404	119
<b>9Lives Tender Morsels in Sauce</b>					
<b>Flaked Tuna</b>	68	28	4	238	137
<b>Tuna &amp; Cheese Bits</b>	63	27	10	227	139
<b>Tuna &amp; Egg Bits</b>	63	27	10	226	139
<b>Beef</b>	41	35	25	420	115
<b>Chicken</b>	42	36	23	459	118

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Turkey &amp; Chicken</b>	41	39	20	404	119
<b>Turkey &amp; Giblets</b>	41	40	20	404	120
<b>Ocean Whitefish &amp; Tuna</b>	42	33	25	306	123
<b>Salmon</b>	42	36	21	293	128
<b>Ocean Whitefish, Tuna &amp; Cheese Bits</b>	40	33	27	285	121
<b>NULO Freestyle/Medal Pate</b>					
<b>Turkey &amp; Chicken</b>	35	64	1	360	202
<b>Beef &amp; Lamb</b>	32	66	2	270	191
<b>Chicken &amp; Herring</b>	35	61	3	320	201
<b>Duck &amp; Tuna</b>	37	58	5	330	186
<b>Salmon &amp; Mackerel</b>	38	57	5	230	193
<b>Trout &amp; Salmon</b>	35	64	1	280	188
<b>NULO Freestyle/Medal Minced/ Shredded</b>					
<b>Minced Turkey &amp; Duck in Gravy</b>	46	46	9	280	77
<b>Minced Beef &amp; Mackerel in Gravy</b>	50	41	10	300	74
<b>Minced Salmon &amp; Turkey in Gravy</b>	46	45	9	320	75
<b>Shredded Chicken &amp; Duck in Gravy</b>	46	45	9	330	76
<b>Shredded Turkey &amp; Halibut in Gravy</b>	45	47	8	250	78
<b>Shredded Beef &amp; Rainbow Trout in Gravy</b>	50	41	9	290	74
<b>NUTRISH</b>					
<b>Shredded White Meat Chicken Purrcata</b>	40	49	11	224	89

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<b>Paw Lickin' Chicken &amp; Liver</b>	33	50	17	228	91
<b>Chicken &amp; Salmon Catterole</b>	34	52	14	207	97
<b>Chicken &amp; Shrimp Pawttenesca</b>	34	51	14	208	96
<b>Tuna Purrfection</b>	37	45	18	221	69
<b>Ocean Fish &amp; Chicken Catch-iatore</b>	29	58	13	213	105
<b>Ocean Fish-a-Licious</b>	27	60	13	213	109
<b>Lip Smackin Sardine &amp; Mackerel</b>	27	61	12	222	115
<b>NUTRI SOURCE</b>					calories per 5.0 oz
<b>Chicken, Turkey &amp; Lamb</b>	29	59	12	229	125
<b>Chicken and Rice</b>	29	59	12	236	145
<b>Chicken, Turkey, Lamb &amp; Fish</b>	31	60	8	242	135
<b>NUTRO Perfect Portions</b>					
<b>Chicken</b>					
<b>Chicken &amp; Liver</b>					
<b>Turkey</b>					
<b>Turkey &amp; Liver</b>					
<b>Chicken &amp; Shrimp</b>					
<b>Chicken, Liver &amp; Shrimp</b>					
<b>Salmon &amp; Tuna</b>					
<b>Salmon &amp; Chicken</b>					
<b>ORGANIX Grain Free</b>					
<b>Chicken Pate</b>	31	65	4	182	159
<b>Chicken &amp; Chicken Liver Pate</b>	34	63	4	212	171
<b>Turkey Pate</b>	27	67	5	193	168

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>Chicken - Shredded</b>	34	55	11	202	127
<b>Chicken &amp; Chicken Liver - Shredded</b>	30	60	10	211	127
<b>ORGANIX With Grains</b>					
<b>Turkey &amp; Spinach</b>	25	59	16	129	206
<b>Turkey, Brown Rice &amp; Chicken</b>	25	61	15	131	215
<b>Turkey w/ Salmon</b>	25	62	13	146	225
<b>Turkey w/ Seafood</b>	25	57	18	139	202
<b>PINNACLE</b>					
<b>Chicken &amp; Tuna</b>	32	63	5	221	189
<b>Chicken &amp; Ocean Fish</b>	27	68	5	172	221
<b>Ocean Fish</b>	32	64	4	227	184
<b>PRECISE Holistic Complete</b>					
<b>Flaked Chicken</b>	36	50	14	335	168
<b>Flaked Beef</b>	40	43	17	304	159
<b>Flaked Pork</b>	42	43	15	260	159
<b>Wild at Heart River Line – Salmon, Tuna &amp; Trout</b>	41	46	14	337	158
<b>PRO PLAN Savor</b>					calories per 3 oz
<b>Chicken &amp; Rice in Gravy</b>	55	30	16	247	71
<b>Chicken &amp; Cheese</b>	50	35	15	249	81
<b>Chunky Chicken</b>	43	53	4	427	90
<b>Chicken, Tuna &amp; Wild Rice in Sauce</b>	52	32	16	230	68
<b>Chicken &amp; Spinach</b>	35	64	1	363	97

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<b>Chicken, Pasta &amp; Spinach in Gravy</b>	51	33	16	274	68
<b>Chicken, Tomato &amp; Pasta in Gravy</b>	53	29	18	305	69
<b>White Meat Chicken &amp; Vegetable</b>	53	31	16	360	65
<b>Chicken Entree w/Tomatoes</b>					
<b>Turkey &amp; Pasta</b>	53	30	17	308	71
<b>Turkey &amp; Rice</b>	54	31	15	287	71
<b>Turkey &amp; Vegetable</b>	53	31	16	312	70
<b>Turkey &amp; Cheese</b>	50	35	15	252	73
<b>Turkey &amp; Giblets</b>	57	36	7	279	80
<b>Turkey &amp; Vegetable</b>	41	57	3	417	96
<b>Beef &amp; Cheese</b>	49	35	16	238	73
<b>Beef &amp; Carrots Entree Classic</b>	40	58	2	433	94
<b>Beef &amp; Chicken</b>	55	32	13	221	73
<b>Beef Entree w/Carrots in Gravy</b>	38	60	2	412	99
<b>Beef, Carrots &amp; Rice</b>	51	30	19	293	68
<b>Salmon &amp; Cheese</b>	54	31	15	229	71
<b>Salmon &amp; Rice in Sauce</b>	53	32	15	242	72
<b>Salmon &amp; Wild Rice Classic</b>	37	61	3	325	102
<b>Salmon, Shrimp &amp; Rice in Sauce</b>	54	29	16	280	70
<b>Sole &amp; Vegetable in Sauce</b>	53	32	15	335	67
<b>Sole Entree w/Spinach in Sauce</b>	54	33	13	364	70
<b>Trout &amp; Pasta</b>	54	30	16	293	67
<b>Tuna, Shrimp &amp; Rice</b>	55	27	17	288	65
<b>Tuna in Sauce</b>	58	29	13	291	68
<b>Seafood Stew</b>	55	29	16	306	68

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
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<b>PRO PLAN Focus</b>					calories per 3 oz
<b>Healthy Metabolism Chicken</b>	53	35	12	243	83
<b>Healthy Metabolism Turkey</b>	56	31	13	259	75
<b>Healthy Metabolism Salmon</b>	59	30	11	230	72
<b>Indoor Salmon &amp; Rice</b>	48	28	24	263	78
<b>Adult 11+ Salmon &amp; Tuna Classic</b>	39	59	1	316	103
<b>Adult 11+ Chicken &amp; Beef</b>	39	59	2	338	96
<b>Weight Management Turkey &amp; Rice</b>	57	35	9	282	79
<b>Urinary Tract Health Formula - Chicken in Gravy</b>	46	45	9	185	75
<b>Urinary Tract Health Formula - Turkey &amp; Giblets</b>	35	61	4	187	90
<b>Urinary Tract Health Formula - Beef &amp; Chicken</b>	32	65	3	218	99
<b>Urinary Tract Health Formula - Ocean Whitefish</b>	36	61	3	324	95
<b>Urinary Tract Health Formula - With Salmon</b>	38	58	4	230	81
<b>Kitten Chicken &amp; Liver Classic</b>	41	57	2	456	103
<b>Kitten Ocean Whitefish &amp; Tuna</b>	52	43	4	359	111
<b>Kitten Salmon &amp; Oceanfish</b>	73	26	2	702	101
<b>PRO PLAN Prime Plus</b>					calories per 3 oz
<b>Chicken &amp; Beef</b>	30	66	4	346	106
<b>Turkey &amp; Giblets</b>	31	66	3	295	111
<b>Whitefish &amp; Salmon</b>	34	63	3	284	107
<b>Salmon &amp; Tuna</b>	33	64	3	315	109
<b>PRO PLAN True Nature</b>					calories per 3 oz

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
The print version above has many blank areas because I am waiting for data to come in. I will be adding to it over time.	<b>PROTEIN %</b>	<b>FAT %</b>	<b>CARB %</b>	<b>mg PHOSPHORUS/ 100 kcals</b>	<b>CALORIES per 5.5 oz unless otherwise noted</b>
<b>Chicken &amp; Liver Entree</b>	36	62	1	360	107
<b>Turkey &amp; Chicken Entree</b>	37	62	1	357	109
<b>Beef &amp; Giblets Entree</b>	37	63	0	335	111
<b>Chicken &amp; Brown Rice</b>	37	58	6	432	93
<b>Turkey &amp; Wild Rice</b>	35	59	5	442	95
<b>Salmon &amp; Brown Rice</b>	33	63	4	363	99
<b>Beef &amp; Brown Rice</b>	36	58	6	460	94
<b>Cod &amp; Shrimp</b>	37	59	4	430	93
<b>Beef &amp; Liver in Gravy</b>	60	34	6	297	63
<b>Chicken &amp; Salmon in Sauce</b>	57	37	6	273	67
<b>Chicken &amp; Turkey in Gravy</b>	57	37	6	262	66
<b>Ocean Whitefish &amp; Trout in Sauce</b>	62	32	6	309	64
<b>Salmon &amp; Catfish in Sauce</b>	58	35	6	268	66
<b>Kitten Chicken &amp; Brown Rice</b>	37	58	5	380	98
<b>Ocean Whitefish &amp; Salmon Entree</b>					98
<b>PURE-VITA</b>					calories per 5 oz
<b>Chicken Stew</b>	35	52	13	235	135
<b>Turkey Stew</b>	34	57	9	275	135
<b>Beef Stew</b>	33	53	14	242	135
<b>PURINA ONE Grain Free</b>					
<b>Chicken</b>					
<b>Turkey</b>					
<b>Beef</b>					
<b>Ocean Whitefish</b>					
<b>PURINA ONE True Instinct</b>					calories per 3 oz

<b>Sortable Chart</b> <b>(2 tabs - Data and Notes)</b>	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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Chicken in Gravy	55	32	13	280	72
Turkey in Gravy	56	33	12	273	71
Chicken & Turkey in Gravy					
Chicken & Salmon					
Salmon & Trout					
Tuna	58.0	28.2	13.8	272.6	69
<b>PURINA ONE</b> <b>Ideal Weight</b>					
White Meat Chicken					
Salmon					
<b>SCIENCE DIET</b> <b>Kitten</b>					
Liver & Chicken					
Turkey & Giblets	38-40	47-50	12-13	198-212	3 oz: 104-114 5.5 oz: 191-210
Savory Salmon					
Tender Chicken	36	49	15	191	2.9 oz: 81 5.5 oz: 155
Homestyle Chicken	34	48	18	214	2.9 oz: 88
<b>SCIENCE DIET</b> <b>Adult Entrees</b>					
Chicken					
Liver & Chicken					
Turkey					
Turkey & Giblets	28-34	44-51	20-26	158-188	3 oz: 86-95 5.5 oz: 157-178
Beef					
Salmon					
Seafood					

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<b>SCIENCE DIET Adult Tender Dinners</b>					
Chicken					
Tuna	33-37	39-42	24-25	140-151	2.9 oz: 82 5.5 oz: 156
Ocean Fish					
<b>SCIENCE DIET Adult Homestyle Suppers</b>					
Chicken	35	42	23	156	2.9 oz: 84
Tuna	38	41	21	176	2.9 oz: 79
<b>SCIENCE DIET Mature Adult</b>					
Chicken Entree					
Turkey Entree	29-33	41-46	22-30	156-164	3 Oz: 87-91 5.5 oz: 160-168
Beef Entree					
Chicken Dinner	33-37	39-42	24-25	140-151	2.9 oz: 82 5.5 oz: 155-156
Tuna Dinner					
Chicken Supper	33	43	24	151	2.9 oz: 87
<b>SCIENCE DIET Adult Light</b>					
Liver & Chicken	34	33	33	192	3 oz: 75 5.5 oz: 138
<b>SCIENCE DIET Hairball Control</b>					
Chicken	30-31	45-48	21-25	149-170	3 oz: 90-91 5.5 oz: 165-168
Seafood					
<b>SCIENCE DIET Indoor</b>					
Chicken	30-32	48	20-22	147-170	3 oz: 91 5.5 oz:

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	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/100 kcals</b>
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<b>Seafood</b>	30-32	40	20-22	147-170	165-168
<b>SCIENCE DIET Adult Perfect Weight</b>					
<b>Chicken &amp; Vegetable</b>	39	29	32	185	2.9 oz: 71
<b>SCIENCE DIET Adult Grain-Free</b>					
<b>Chicken</b>	25	51	24	142	2.9 oz: 93
<b>Salmon</b>	25	52	23	163	2.9 oz: 96
<b>Trout</b>	25	51	24	163	2.9 oz: 96
<b>Tuna</b>	28	52	20	132	2.9 oz: 93
<b>SHEBA Perfect Portions - Pates</b>					calories per 1.3 oz (1 portion)
<b>All varieties - approximate values</b>	42	56	3	236	42
<b>SHEBA Perfect Portions - Cuts in Gravy</b>					
<b>Tender Turkey</b>	34	55	11	215	32
<b>Roasted Chicken</b>	41	46	13	352	32
<b>Salmon</b>	47	40	13	361	32
<b>Mixed Grill</b>	41	46	13	352	32
<b>Salmon &amp; Chicken</b>	47	40	13	361	32
<b>Tender Trout</b>	38	46	16	311	32
<b>Tuna &amp; Shrimp</b>	41	44	15	358	32
<b>SIMPLY NOURISH</b>	Petsmart brand. <b>Purchase is not recommended.</b> See note below - 'List of Shame.'				

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/100 kcals</b>
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<b>SOULISTIC Original - cans</b>					
Shrimply Divine	60	40	0	227	117
Double Happiness	55	43	2	209	133
Polynesian Picnic	68	26	6	244	96
Upstream Dream	63	33	5	248	113
Pure Bliss	58	22	20	212	118
Aqua Grill	52	27	20	219	107
Good Karma	58	26	17	214	124
Nautical Nirvana	56	31	14	203	139
Sweet Salutations	52	29	20	195	120
Harvest Sunrise	49	26	24	148	117
Tri-Fusion	56	27	17	252	125
Aromatic Chicken	71	29	1	207	98
Golden Fortune	56	26	17	199	110
Seaside Serenity	59	28	13	196	127
<b>SOULISTIC Original - pouches</b>					
Good Karma	61	25	14	184	127
Triple Harmony	56	22	23	214	110
Luna Tuna	72	23	5	253	105
Autumn Bounty	74	17	9	220	107
Island Illusion	57	30	14	231	102
Midnight Delight	52	29	19	226	124
<b>SOULISTIC Pate and Shreds</b>					
Chicken	31	65	3	154	166
Chicken & Turkey	49	45	5	262	107
Chicken & Salmon	51	42	7	284	102

<b>Sortable Chart</b> (2 tabs - Data and Notes)	<b>CAT FOOD - NUTRITIONAL COMPOSITION</b> Data compiled by Lisa A. Pierson, DVM Typical nutrient analysis data provided by the respective companies Wet only - <a href="#">no dry food</a> is listed 2017				
	<b>Print</b>	<b>Caloric Distribution</b>			<b>mg PHOSPHORUS/ 100 kcals</b>
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<b>Chicken &amp; Tuna</b>	51	43	6	265	104
<b>Lamb</b>	44	50	5	234	128
<b>Beef &amp; Salmon</b>	60	35	6	341	93
<b>SOULISTIC Moist and Tender - cans</b>					
<b>Chicken</b>	37	55	8	173	153
<b>Turkey</b>	40	54	6	178	149
<b>Duck</b>	45	47	8	464	128
<b>Beef</b>	50	42	8	487	119
<b>Lamb</b>	45	49	6	285	129
<b>Salmon</b>	37	57	6	214	156
<b>SOULISTIC Moist and Tender - pouches</b>					
<b>Tuna &amp; Chicken</b>	59	32	9	195	61
<b>Tuna &amp; Turkey</b>	54	32	14	195	65
<b>Tuna &amp; Duck</b>	54	34	13	177	62
<b>Tuna &amp; Salmon</b>	63	24	13	254	54
<b>Tuna &amp; Lamb</b>	55	30	15	207	66
<b>Tuna &amp; Beef</b>	56	29	15	198	60
<b>TIKI CAT Chicken (no fish)</b>					
<b>Puka Puka Luau</b>	77	23	0	154	104/221
<b>Koolina Luau</b>	84	16	0	149	107/228
<b>TIKI CAT Chicken/Fish</b>					
<b>Hookena Luau</b>	82	18	0	245	98/209
<b>Napili Luau</b>	72	28	0	150	107/228

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<b>TIKI CAT Fish/Seafood</b>					calories per 2.8 oz/ 6.0 oz
<b>Bora Bora Luau</b>	34	66	0	377	106/226
<b>Hana Luau</b>	77	23	0	231	104/221
<b>Hanalei Luau</b>	76	24	0	176	91/194
<b>Honolulu Luau</b>	72	28	0	253	95/202
<b>Lanai Luau</b>	66	34	0	233	103/219
<b>Makaha Luau</b>	61	39	0	488	82/175
<b>Manana Grill</b>	71	29	0	151	106/226
<b>Molokai Luau</b>	70	30	0	170	94/201
<b>Papeekee Luau</b>	74	26	0	255	94/199
<b>Tahitian Grill</b>	70	30	0	400	80/169
<b>Waikiki Luau</b>	64	36	0	222	108/230
<b>Waimea Luau</b>	70	30	0	327	98/208
<b>TIKI CAT Gourmet Carnivore</b>					calories per 2.8 oz/ 6.0 oz
<b>Chicken and Liver</b>	31	69	0	250	96/204
<b>Chicken with Turkey</b>	42	58	0	170	94/201
<b>Chicken with Duck</b>	39	61	0	170	94/199
<b>Beef Liver and Chicken</b>	38	62	0	231	104/221
<b>Beef and Liver</b>	28	72	0	212	113/240
<b>Beef Liver and Lamb</b>	32	68	0	198	121/257
<b>Tilapia</b>	33	67	0	170	94/201
<b>Seabass</b>	33	67	0	163	98/208
<b>Bonito Tuna</b>	33	67	0	208	77/164
<b>TRADER JOE'S</b>	The Tuna should only be fed as a supplement (no more than 15% of the total diet) to a balanced diet. The TNA data lists the calcium as deficient.				
<b>Chicken/Turkey &amp; Rice</b>	31	57	12	214	182
<b>Turkey &amp; Giblets</b>	32	59	9	235	180

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<b>Ocean Fish, Salmon &amp; Rice</b>	33	56	11	240	176
<b>Tuna - Supplemental diet ONLY</b>	71	27	2	368	169
<b>TRIUMPH</b>					
<b>Chicken &amp; Liver</b>	31	63	6	270	215
<b>Turkey</b>	27	71	3	230	223
<b>Beef</b>	30	64	6	257	210
<b>Salmon</b>	33	61	6	289	193
<b>Ocean Fish</b>	40	56	4	373	169
<b>Trout</b>	34	61	5	314	190
<b>VeRUS USA Formulas</b>					
<b>Chicken Pate</b>	35	65	0	357	173
<b>Chicken &amp; Liver</b>	34	66	0	230	166
<b>Turkey, Chicken &amp; Fish</b>	34	66	0	327	163
<b>Salmon Pate</b>	36	64	0	385	184
<b>Tuna Pate</b>	49	51	0	368	184
<b>Ocean Fish</b>	39	61	0	302	157
<b>Beef Pate</b>					
<b>VeRUS New Zealand Formulas w/ Green Lipped Mussel</b>					
<b>Chicken</b>	39	61	0	474	176
<b>Chicken/Pumpkin</b>	36	62	3	837	176
<b>Beef/Pumpkin</b>	45	53	1	796	128
<b>Lamb/Pumpkin</b>					
<b>Chicken/Salmon</b>	36	64	1	333	190
<b>Chicken/Ocean Fish/Tripe</b>	41	58	0	672	149
<b>Beef/Apple/Vegetable</b>	53	45	2	845	128

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<b>Lamb/Tripe/Vegetables</b>	26	74	0	415	169
<b>WELLNESS Complete Health</b>					
<b>Chicken</b>	30	66	4	218	220
<b>Chicken &amp; Herring</b>	34	60	6	303	189
<b>Beef &amp; Chicken</b>	31	65	4	228	193
<b>Turkey</b>	31	65	4	200	218
<b>Turkey &amp; Salmon</b>	37	58	5	300	181
<b>Salmon &amp; Trout</b>	27	65	8	249	208
<b>Chicken &amp; Lobster</b>	29	61	11	264	195
<b>Beef &amp; Salmon</b>	30	64	6	207	196
<b>Salmon, Shrimp &amp; Crab</b>	27	64	9	314	
<b>Kitten</b>	28	67	5	216	122/3 oz
<b>WELLNESS CORE</b>					
<b>Chicken, Turkey, &amp; Chicken Liver</b>	32	60	8	215	218
<b>Salmon, Whitefish, &amp; Herring</b>	37	50	13	269	152
<b>Beef, Venison, &amp; Lamb</b>	38	49	13	266	210
<b>Turkey &amp; Duck</b>	38	57	5	265	188
<b>Indoor</b>	44	44	12	347	148
<b>Kitten</b>	36	58	6	275	195
<b>WELLNESS CUBED/SLICED/MINCED</b>					
<b>Chicken Entree - Cubed</b>	27	65	8	265	168
<b>Chicken Entree - Sliced</b>	32	58	10	327	166
<b>Chicken Entree/Dinner - Minced</b>	32	58	10	319	167
<b>Turkey Entree/Dinner - Cubed</b>	35	53	12	334	158

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<b>Turkey Entree - Sliced</b>	35	52	13	375	83/3 Oz
<b>Turkey Entree - Minced</b>	36	51	13	372	156
<b>Turkey and Salmon Entrée - Cubed</b>	36	53	12	347	83/3 oz
<b>Turkey and Salmon Dinner - Sliced</b>	35	52	12	376	154
<b>Turkey and Salmon Entrée - Minced</b>	36	52	13	372	155
<b>Salmon Entrée - Minced</b>	36	55	9	423	82/3 oz
<b>Salmon Dinner - Cubed</b>	38	53	10	424	81/3 oz
<b>Salmon Entree - Sliced</b>	38	52	10	427	149
<b>Tuna Entree - Cubed</b>	52	34	14	355	135
<b>Tuna Dinner - Minced</b>	52	35	14	360	134
<b>WELLNESS SIGNATURE SELECTS</b>					calories per 5.3 oz
<b>Shredded White Meat Chicken with Chicken Liver Entrée in Sauce</b>	38	33	28	229	126
<b>Shredded White Meat Chicken &amp; Beef Entrée in Sauce</b>	40	33	28	246	127
<b>Shredded White Meat Chicken &amp; Turkey Entrée in Sauce</b>	38	34	28	235	134
<b>Chunky Beef &amp; White Meat Chicken Entrée in Sauce</b>	36	31	33	256	125
<b>Chunky White Meat Chicken &amp; Wild Salmon Entrée in Sauce</b>	27	49	25	232	131
<b>Chunky Turkey &amp; White Meat Chicken Entrée in Sauce</b>	33	39	29	229	134
<b>Flaked Skipjack Tuna with Wild Salmon Entrée in Broth</b>	45	43	13	205	133
<b>Flaked Skipjack Tuna with Shrimp Entrée in Broth</b>	46	40	14	217	130

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<b>WELLNESS DIVINE DUOS</b>					calories per 2.8 oz cup
<b>Beef Pate &amp; Diced Chicken Liver</b>	21	64	14	112	71
<b>Chicken Pate &amp; Diced Duck</b>	21	64	14	140	71
<b>Chicken Pate &amp; Diced Salmon</b>	23	60	16	170	77
<b>Chicken Pate &amp; Diced Turkey</b>	22	61	16	140	74
<b>Tilapia Pate &amp; Diced Ahi Tuna</b>	23	62	15	206	72
<b>Tuna Pate &amp; Diced Salmon</b>	25	59	16	155	70
<b>WELLNESS HEALTHY INDULGENCE</b>					calories per pouch
<b>Morsels Chicken &amp; Chicken Liver</b>	28	55	17	116	62
<b>Morsels Chicken &amp; Salmon</b>	31	52	17	126	62
<b>Morsels Chicken &amp; Turkey</b>	28	58	14	131	62
<b>Morsels Salmon &amp; Tuna</b>	34	49	16	138	62
<b>Morsels with Tuna</b>	30	52	17	132	62
<b>Morsels Turkey &amp; Duck</b>	28	54	17	131	62
<b>Shreds Chicken &amp; Turkey</b>	24	57	19	174	57
<b>Shreds Skipjack &amp; Shrimp</b>	30	56	14	250	57
<b>Gravies Chicken &amp; Turkey</b>	26	55	19	204	57
<b>Gravies Tuna &amp; Mackerel</b>	31	55	14	282	57
<b>WERUVA Original - Chicken &amp; Beef</b>					calories per 3 oz/ 5.5 oz
<b>Paw Lickin' Chicken</b>	65	32	3	196	56/103
<b>Grandma's Chicken Soup</b>	53	26	21	193	53/97
<b>Funky Chunky Chicken Soup</b>	52	29	20	201	55/101
<b>Nine Liver</b>	59	33	9	200	55/101
<b>Green Eggs &amp; Chicken</b>	56	35	9	230	56/102

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<b>WERUVA Original - Seafood</b>					
<b>Outback Grill</b>	62	37	1	562	48/89
<b>Marbella Paella</b>	62	37	1	253	61/111
<b>Aisan Fusion</b>	62	37	1	295	61/111
<b>Mack &amp; Jack</b>	78	22	0	337	50/93
<b>Polynesian BBQ</b>	64	30	6	354	77/141
<b>Meow Luau</b>	64	33	3	253	57/105
<b>Mideast Feast</b>	61	32	7	202	63/116
<b>WERUVA Truluxe</b>					calories per 3 oz/6 oz
<b>On the Cat Wok</b>	53	43	4	163	62/125
<b>Kawa Booty</b>	61	34	6	248	58/116
<b>Mediterranean Harvest</b>	65	21	13	237	57/115
<b>Peking Ducken</b>	62	29	9	195	52/105
<b>Steak Frites</b>	45	49	6	118	72/144
<b>Glam 'N Punk</b>	36	63	1	180	116/232
<b>Honor Roll</b>	60	37	3	246	51/101
<b>Meow Me a River</b>	75	24	1	201	51/101
<b>Pretty In Pink</b>	72	29	0	229	48/96
<b>Quick 'N Quirky</b>	70	30	0	259	44/88
<b>WERUVA Cats in the Kitchen cans</b>					calories per 3.2/6.0 oz
<b>Chicken Frick 'A Zee</b>	67	26	3	174	78/147
<b>Fowl Ball</b>	57	32	6	180	81/151
<b>Funk in the Trunk</b>	72	14	9	250	51/95
<b>Goldie Lox</b>	75	14	5	252	54/101
<b>Kitty Gone Wild</b>	68	16	5	412	53/99
<b>La Isla Bonita</b>	67	25	5	166	87/163
<b>Lamb Burgini</b>	58	25	10	236	77/144

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<b>Splash Dance</b>	64	24	6	292	78/146
<b>The Double Dip</b>	61	23	10	248	66/124
<b>Two Tu Tango</b>	68	19	6	343	58/109
<b>WERUVA</b> <b>Cats in the Kitchen pouches</b>					calories per 3 oz pouch
<b>1 If By Land, 2 If By Sea</b>	55	29	16	200	60
<b>Chick Magnet</b>	48	36	16	157	70
<b>Love Me Tender</b>	56	27	17	205	62
<b>Mack, Jack, &amp; Sam</b>	53	29	18	212	60
<b>Pumpkin Jack Splash</b>	67	19	14	258	53
<b>Pumpkin Lickin' Chicken</b>	63	25	12	195	61
<b>WILD CALLING</b>					
<b>Cabin Fever Chicken Cat</b>	30	68	2	316	206
<b>Cowabunga Beef Cat</b>	31	67	2	229	223
<b>Jumping Salmon Cat</b>	32	63	4	399	179
<b>Magic Meadow Buffalo Cat</b>	30	68	2	309	220
<b>Inland Waters Duck Cat</b>	32	64	4	316	184
<b>Rabbit Burrow Rabbit Cat</b>	33	64	4	312	196
<b>Trot-N-Tommy Turkey Cat</b>	33	64	2	327	189
<b>Triple Delight Cat</b>	28	70	2	246	220
<b>WYSONG</b>	IMPORTANT: Please note that the Wysong Epigen (formerly "Au Jus") diets are <b>not</b> complete and balanced for use as a sole diet unless the Wysong Call of the Wild supplement is added. The Epigen canned foods do not contain enough calcium and other nutrients to provide a nutritinally balanced diet. If you want to feed these diets as a stand-alone meal a few times/week, or mix 10-15% of this <b>unbalanced</b> diet with 85-90% of a <b>balanced</b> diet then that should be fine.				
<b>Chicken - Epigen</b>	33	62	5	143	490/13 oz
<b>Turkey - Epigen</b>	32	62	6	123	505/13 oz
<b>Duck - Epigen</b>	32	63	5	122	486/13 oz
<b>Rabbit - Epigen</b>	32	65	3	139	562/13 oz

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<b>Beef - Epigen</b>	32	65	3	159	541/13 oz
<b>Uretic</b>	37	53	10	179	174/5.5 oz
<b>ZIWIPEAK</b>					calories per 3 oz/6 oz
<b>Beef</b>	33	57	10	298	89/179
<b>Lamb</b>	32	63	6	254	93/186
<b>Rabbit &amp; Lamb</b>	35	62	3	271	94/172
<b>Venison</b>	35	62	3	252	94/187
<b>Venison &amp; Fish</b>	36	59	5	260	91/183
<b>VETERINARIAN-PRESCRIBED/SOLD</b>					
<b>PURINA Pro Plan Veterinary Diets</b>					
<b>CN</b>	28	63	9	249	208
<b>DH (DRY)</b>	36	32	33	354	270/cup
<b>DM</b>	43	52	6	297	191
<b>DM Savory Selects in Sauce</b>	49	40	10	256	171
<b>EN</b>	39	44	17	278	179
<b>EN Naturals</b>	35	51	14	301	188
<b>NF</b>	28	45	27	136	193
<b>OM</b>	46	33	21	340	130
<b>OM Savory Selects in Sauce</b>	53	30	17	279	124
<b>UR</b>	38	51	12	191	179
<b>UR Savory Selects in Sauce - Turkey &amp; Giblets</b>	54	33	13	214	138
<b>UR Savory Selects in Sauce - Salmon</b>	55	32	14	254	149



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m/d	46	41	13	170	156
r/d	41	24	35	205	114
s/d	29	58	13	109	215
t/d (DRY)	30	39	31	212	265/cup
w/d	37	38	25	197	127
y/d	27	49	24	141	188
z/d	28	37	35	157	169
<b>HILL'S Healthy Advantage - sold only by veterinarians</b>					
Kitten Chicken	36	45	19	207	173
Adult Chicken	34	40	26	154	162
Mature Adult Chicken	35	39	26	146	161
<b>List of Shame</b>					
<p>Companies varied widely in how readily they provided their TNA data. Several companies actually have this valuable data right on their website (100 Gold Stars for them!). On the other hand, several companies had to be called 4-5 times before they would provide any data. I had to be extremely persistent (to put it mildly) with some of them.</p>					
<p>I will not mention those companies (as long as they finally provided data) but suffice it to say, <b>the consumer should never have to beg for the basic nutritional information found on this chart.</b> Some companies consider the data to be "proprietary" which is utterly ridiculous and this attitude shows a complete lack of respect for the consumers these companies are expecting to purchase their products.</p>					
<p>As of early March 2017, I am still waiting for data from several companies but the one company I will mention is <b>Petsmart</b>. I will not bore the reader with the details but the bottom line is that this company has been a nightmare to deal with. Their lack of respect for the consumer is abundantly clear and <b>I strongly recommend that you spend your hard-earned dollars elsewhere.</b></p>					

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	<p>The Petsmart brands that I urge you <b><i>not</i></b> to purchase are: <b>Authority, Good Natured, Grreat Choice, and Simply Nourish</b>. There are plenty of other choices on the market made by companies that have more respect for the consumer and the deeply loved family members that are consuming their products.</p>				
	<p align="center"><b>Additional Comments</b></p>				
	<p><b>Water</b> is my favorite word when feeding cats. I will not feed any dry food to any cat in my care. Cats have a low thirst drive and are designed to get their water needs met by their prey or food bowl. Canned food (vs dry kibble) promotes urinary tract health and optimal systemic hydration which is especially critical for cats with kidney insufficiency.</p>				
	<p>Please see <a href="#">Urinary Tract Diseases</a> including Opie's pictures for a look at the <b>tremendous suffering that water- depleted diets very often cause</b>. Please do not fall into the trap that so many people do by engaging in wishful thinking and assuming that your cat makes up the water deficit at the water bowl when fed dry food. Studies have shown that when all water sources are considered (food and water bowl), cats eating dry food – even the “good drinkers” - consume ~50% the amount of water that a cat on canned food consumes. This is in spite of the fact that cats on water-rich diets rarely go to the water bowl.</p>				
	<p><b>Composition:</b> The caloric distribution of protein, fat, carbohydrate content of a diet. 100% of a diet's calories come from protein, fat, and carbohydrate. Therefore: % protein calories + % fat calories + % carbohydrate calories = 100% This means that if, for example, a diet is appropriately low in carbohydrates, the diet will be higher in protein, fat, or both. It is like a three-way teeter totter - if one fraction goes up or down, one, or both, of the other two must increase or decrease accordingly to add up to 100%.</p>				
	<p><b>Carbohydrates:</b> This is an important area of consideration – especially for diabetic patients. I often see diabetic cat caregivers taking this value far too literally...assuming that 6% vs 9% is statistically significant when it is not. Unfortunately, this macronutrient is not actually measured in a lab. Instead, it is calculated by subtraction. In other words, we add up the moisture + protein + fat + fiber + ash and subtract that value from 100% leaving us with the carbohydrate fraction. However, any error in those Big Five values will result in an error (usually an overage) in the carbohydrate value.</p>				
	<p>Stated another way: The carb values noted on this chart are probably higher (overestimating) than they actually are. Even a value of 10% carbs could actually be closer to 0% carbs. Therefore, stick with the directive to stay below 10% carbohydrates but <b>do NOT get caught up in whether a diet says 10%...or 5%....or 0% because these numbers are just not that accurate.</b></p>				
	<p>Take it one step further and read the label. For example, if you do not see any grains, or “peas,” “potatoes,” “starch,” or “vegetables” on the label, even if it is listed as 10% carbs, chances are that it is much lower. Keep in mind that liver does have some carbohydrates since it is the organ that stores sugar for the body. That said, I DO want liver in the product since it is a wonderful source of nutrients and it is far better to get our vitamins and minerals from <b>**whole foods**</b> rather than from a bottle containing vitamins that were synthesized in a laboratory.</p>				

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	<p>“<b>Indoor,</b>” “<b>Weight Management,</b>” and “<b>Light</b>” are all used to describe diets that are usually high in carbohydrates. The goal of these diets is to make them less calorically-dense. Since 1 gram of a protein and carb = 4 calories and 1 gram of fat = 9 calories, these diets are low in fat. Keep in mind the “three-way tetter totter” discussed above in the Composition section. If one fraction (in this case, the fat) is lowered, either one or both of the other two fractions must be increased. In this case, the pet food companies *should* raise the protein when the fat is lowered but that would cut into their profit margin so, instead, they increase the carbs which is a cheaper source of calories.</p>				
	<p><b>Biological value of protein:</b> Animal-based protein has a much higher biological value when compared to plant-based protein. Grains supply both protein and carbohydrate. Therefore, high carb diets often have much of their protein coming from plants. Consider not only the <b>amount</b> of protein in a diet but also the <b>source</b> of the protein. Diets using whole grains or glutes (gluten = plant-based protein) have a portion of their protein coming from low biological value sources. See <a href="http://catinfo.org">catinfo.org</a> - <a href="#">Feeding Your Cat: Know the Basics of Feline Nutrition</a> for a discussion of biological value as it pertains to obligate carnivores.</p>				
	<p><b>Protein source:</b> How do we know how much of the protein is coming from animals versus plants when an ingredient list includes both animal and plant (grains/potatoes/vegetables) protein sources? The answer is, we don't know but we need to be aware of the 'ingredient splitting' issue. Ingredients are listed in descending order by weight. Consider this ingredient list: “Chicken, brewers rice, corn gluten meal, whole grain corn, wheat gluten.”</p>				
	<p>Consumers often focus on the fact that “chicken” is the first ingredient but when the grain fractions are added together, their contribution to the diet is greater than the meat. Meat is also higher in water than grains making it less protein-dense. This compounds the problem of grains contributing more to the protein level than the animal sources. This type of ingredient list does not represent an optimal carnivore diet. Meat ‘meals’ are a more concentrated source of protein but they are also very heavily processed which results in nutrient loss.</p>				
	<p><b>Liver:</b> I definitely want to see liver in the product since it is a wonderful source of nutrients (vitamin A and D, copper, zinc, etc.,) and it is far better to get our vitamins and minerals from <b>*whole foods*</b> rather than from a bottle containing vitamins that were synthesized in a laboratory. That said, not every meal has to contain liver but I like to see some liver fed several times/week.</p>				
	<p><b>Fish:</b> I do not favor feeding fish-based diets for several reasons: 1) allergy potential, 2) toxins/mercury levels, 3) PBDE levels (fire retardant chemicals with thyroid-disrupting properties), 4) often high in phosphorus and magnesium, 5) significant addiction issues - the cat will not eat anything else.</p>				
	<p><b>Soy</b> does not belong in cat food and Purina often uses this ingredient. Cats have a hard enough time maintaining thyroid health (hyperthyroidism is extremely common in older cats) and soy is a known thyroid disruptor.</p>				

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	<b>Pouches</b> are typically high in water making them more expensive on a \$\$/calorie basis. I suggest looking for products with a maximum water content of 78%, versus 82% or 85%. Pouches do not give you much 'bang for your buck.'				
	<b>Obligate Carnivore:</b> For more information on the diet that obligate carnivores are designed to eat, see Dr. Zoran's article entitled " <a href="#">The Carnivore Connection to Nutrition in Cats.</a> "				
	<b>Product names:</b> You will notice that pet food labels use words such as "dinner" and "with" and "flavor." The "with" rule is also known as the "3% rule" meaning that if a label says "with chicken" <b>there only has to be 3% chicken in the product.</b> If the word "chicken dinner" is used, there only has to be 25% chicken in the product. If the word "flavor" is used, there does not even have to be any chicken present in the product. If you want to read more about pet food label rules see <a href="#">here</a> .				
	If you are interested in making your own cat food, see <a href="#">Making Cat Food</a> for a detailed discussion regarding safe preparation and sourcing, along with a recipe that I have been feeding to my own cats since 2003. The peace of mind that comes with my control over ingredients, composition, and safety issues is priceless. I have not fed any commercial food to my cats since 2003.				
	This chart required hundreds of hours of phone calls, emails, and data entry to compile. Although I tried to be very careful with data entry, mistakes may have occurred. If a value does not look correct, <a href="#">contact</a> me. If you do not receive a response, contact the manufacturer for verification.				
	Many thanks to Janet & Binky for their pioneering work in supplying nutrient data for cat owners. I think that Binky would be pleased that Robbie picked up where he left off.				